

5-minute talk for **Driving**

Use this 5-minute talk in team discussions, like start of shift, morning, or pre-tower meetings, to help bring the Life Saving Rules to life. First, review the rule briefly with the team, then use the prompts to engage the group and start a discussion, or share a personal example of how you've experienced the rule.

Driving



Follow safe driving rules

- I always wear a seatbelt
- I do not exceed the speed limit, and reduce my speed for road conditions
- I do not use phones or operate devices while driving
- I am fit, rested and fully alert while driving
- I follow journey management requirements



Case Study

A third-party vehicle was overtaking in an unsafe place. It hit a Company vehicle head on.

Both vehicles were severely damaged in the crash. The company driver and passengers were wearing seatbelts and walked away from the crash. The driver of the other vehicle was not wearing a seatbelt and did not survive.

Discussion prompts

What is stopping a similar incident (driving) from happening at our site?

Facilitator background notes

- Both driver and passengers should take responsibility for each other's safety, for example by ensuring all occupants are wearing a seatbelt and the driver is not distracted or fatigued.
- Fitness for duty means assuring that an individual can complete a task safely and without unacceptable risk to themselves or other. This includes not being under the influence of drugs and alcohol.