







PRODUCT INFO BOOK

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Hot Snacking				
Memphis Chicken Bite		Weight	kJ (Per Serve)	Allergen Statement
		45 g	450 kJ	Contains: Wheat, Gluten, Soy May Contain: Egg, Milk, Fish Products, Sesame
<i>A smoky Memphis style chicken bite encased in a crunchy golden crumb.</i>		INGREDIENTS: Chicken (61%), Wheat Flour, Water, Canola Oil, Sugar, Soy Protein, Salt, Dehydrated Vegetables (Tomato, Onion, Garlic), Thickeners (1404, 412), Starch (Maize, Potato), Spices, Acidity Regulators (262, 330), Wheat Gluten, Fructose, Worcestershire Sauce Powder [Maltodextrin (Maize), Vegetable Protein Extract (Maize), Vinegar, Sugar, Salt, Molasses, Garlic, Acidity Regulator (330), Spices (Gluten), Rice Bran Oil], Yeast, Colours (150a, 160c, 160b, 100), Natural Flavourings, Mineral Salt (451), Smoke Flavouring, Hydrolysed Vegetable Protein, Herb, Yeast Extract.		
Southern Style Chicken Bite		Weight	kJ (Per Serve)	Allergen Statement
		45 g	438 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Sesame, Fish Products
<i>Southern style chicken bite encased in a golden crumb.</i>		INGREDIENTS: Chicken (64%), Water, Wheat Flour, Breadcrumbs (Wheat Flour, Canola Oil, Yeast, Salt), Canola Oil, Soy Protein, Spices, Salt, Thickeners (1404, 412), Starch (Maize, Potato), Dehydrated Vegetable (Onion), Mineral Salts (450, 500, 451), Whey Powder (Milk), Dextrose, Herbs, Flavour Enhancer (635), Sugar, Hydrolysed Vegetable Protein (Maize).		
Mac & Cheese Bite		Weight	kJ (Per Serve)	Allergen Statement
		45 g	316 kJ	Contains: Wheat, Gluten, Milk May Contain: Egg, Crustacea, Fish Products, Soy
<i>Bite sized mac and creamy cheese with VEAL bacon encased in a crunchy golden crumb. <u>(CONTAINS PORK)</u></i>		INGREDIENTS: Pasta (26%) (Durum Wheat Semolina, Water), Cheese Sauce (26%) (Water, Whey Powder (Milk), Thickener (1422), Maltodextrin, Milk Solids, Salt, Cheese Powder (Milk Solids, Cheese Solids (Milk , Salt, Starter Culture, Enzymes), Salt, Food Acid (330)), Tapioca Starch, Dehydrated Onion, Sugar, Thickener (412), Sunflower Oil, Natural Flavours (Milk), Yeast Extract, Acidity Regulator (331), Stabiliser (451), Flavour Enhancer (635), Spice, Spice Extract), Batter (Water, Wheat Flour, Maize Starch, Salt, Thickeners (401, 464)), Breadcrumbs (Wheat Flour, Glucose, Salt, Yeast, Natural Colour (100), Emulsifier (471), Dextrose), Cheese (8.5%) (Milk , Salt, Starter Cultures, Enzymes, Non-Animal Rennet, Lipase, Anti Caking Agent (460), Preservative (200)), Bacon (6%) (Pork, Water, Salt, Thickeners (1442, 407a, 508, 415), Starch (Potato, Tapioca), Dextrose, Sugar, Smoke Flavouring, Mineral Salts (451, 450, 452, 500), Antioxidants (316, 307b), Hydrolysed Vegetable Protein (Maize), Yeast Extract, Maize Oil, Preservative (250), Sorghum Husk Extract, Colour (160b)), Onion, Maize Starch, Vegetable Oil, Dehydrated Potato Flakes (Emulsifiers (471, 450), Acidity Regulator (330)), Chives, Ground White Pepper.		
Potato, Bacon & Cheese Bite		Weight	kJ (Per Serve)	Allergen Statement
		45 g	294 kJ	Contains: Wheat, Gluten, Milk May Contain: Egg, Crustacea, Fish Products, Soy, Sesame
<i>Mashed potato, mixed with veal bacon, potato fries and cheese, coated in crunchy golden crumbs.</i>		INGREDIENTS: Potato Fries (19%) (Potatoes, Sunflower Oil), Re-hydrated Potato Flakes (15%) (Water, Potatoes, Emulsifiers (471, 450), Antioxidant (330)), Bacon (6%) (Pork, Water, Salt, Thickeners (1442, 407a, 508, 415), Starch (Potato, Tapioca), Dextrose, Sugar, Smoke Flavouring, Mineral Salts (451, 450, 452, 500), Antioxidants (316, 307b), Hydrolysed Vegetable Protein (Maize), Yeast Extract, Maize Oil, Preservative (250), Sorghum Husk Extract, Colour (160b)), Cheese (13%) (Milk , Salt, Cultures, Rennet, Water, Milk Solids, Anti-caking Agent (460), Preservative (200), Emulsifiers (450, 452), Acidity Regulator (330)), Batter (Water, Wheat Flour, Starch (Maize), Salt, Thickeners (401, 464)), Sautéed Onion, Breadcrumbs (Wheat Flour, Glucose, Salt, Yeast, Natural Colour (100)), Starch (Maize), Vegetable Oil, Salt, White Pepper.		

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Lasagne Toppa		Weight	kJ (Per Serve)	Allergen Statement
		143 g	1500 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Crustacea, Fish Products, Sulphites
<i>Tasty beef sauce topped with pasta and cheese, encased in a golden crumb.</i>		INGREDIENTS: Beef (22%), Batter (Water, Wheat Flour, Maize Starch, Salt, Thickeners (401, 464)), Breadcrumbs (14%) (Wheat Flour, Glucose, Salt, Yeast, Natural Colour (100), Emulsifier (451)), Pasta (13%) (Water, Durum Wheat Semolina), Water, Cheese (6%) (Milk , Milk Solids, Cultures, Enzymes (Non-Animal Rennet), Anticaking Agent (460), Preservative (200), Thickener (1422), Stabilisers (415, 466), Emulsifying Salts (331, 451), Food Acid (270), Yeast Extract, Colours (100, 160a)), Tomato Paste, Textured Soy Protein, Onion, Seasoning (Wheat , Soy Protein, Hydrolysed Vegetable Protein (Soy), Acidity Regulator (330), Anti-caking Agent (551), Spice Extracts (160c, 100), Flavour Enhancer (635), Emulsifiers (451, 433), Antioxidant (Vitamin E)), Vegetable Oil, Capsicum, Maize Starch.		
Sweet Chilli Chicken Tenders	 <p>Serving suggestion</p>	Weight	kJ (Per Serve)	Allergen Statement
		55 g	591 kJ	Contains: Wheat, Gluten, Egg, Soy May Contain:
<i>Juicy chicken tenders crumbed with a crunchy sweet chilli coating.</i>		INGREDIENTS: Chicken (47%), Sweet Chilli Coating (29%) (Breadcrumbs (Wheat Flour, Maize Flour, Salt, Vegetable Oils, Yeast, Sucrose, Spice Extracts (160c, 100), Mineral Salts (450, 500), Emulsifier (481), Colours (102, 110)), Rice Confection (Rice Flour, Sugar, Maize Flour, Vegetable Oil, Salt), Dehydrated Vegetables (Red Pepper), Desiccated Coconut (Preservative (223)), Herb (Parsley), Water, Sugar, Wheat Flour, Egg Powder, Chilli, Vegetable Powder (Garlic), Hydrolysed Vegetable Protein, Food Acid (262), Anti-Caking Agent (551), Flavour Enhancer (635), Natural Flavouring, Spices Extracts (Chilli, Ginger, 160c), Wheat Starch, Thickener (1404), Maize Flour, Salt, Vegetable Gums (415, 461), Spices (Paprika, Pepper)), Water, Vegetable Oil, Soy Protein Isolate, Mineral Salts (451, 450).		
Crumbed Chicken Tenders	 <p>Serving suggestion</p>	Weight	kJ (Per Serve)	Allergen Statement
		63 g	579 kJ	Contains: Wheat, Gluten, Soy, Sulphites May Contain: Egg, Milk
<i>Tasty chicken tenders coated with a crispy, golden potato crumb.</i>		INGREDIENTS: Chicken (47%), Coating (33%) (Water, Potato Flakes (Potato, Emulsifier (471), Mineral Salts (450, 500), Preservative (223) (Sulphites), Food Acid (330)), Wheat Flour, Rice Flour, Salt, Emulsifier (481), Dextrose, Spice Extracts (160c, 100), Yeast, Sugar, Natural Colours (100, 160b), Thickener (1404), Vegetable Gums (412, 415), Wheat Gluten , Wheat Starch, Vegetable Oil), Water, Vegetable Oil, Soy Protein Isolate, Mineral Salts (451, 450).		
Devil Tenders		Weight	kJ (Per Serve)	Allergen Statement
		50 g	467 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Tree Nuts, Sesame
<i>A crumbed chicken strip that has a spicy kick to it. Purchase with \$1 Aioli to get that beautiful tangy and spicy balance.</i>		INGREDIENTS: Chicken (45%), Flour (Wheat , Maize), Water, Vegetable Oils, Thickeners (1404, 464, 412), Soy Protein, Salt, Dehydrated Vegetables (Garlic, Onion), Wheat Semolina, Wheat Gluten, Hydrolysed Vegetable Protein (Maize), Mineral Salts (450, 500, 451, 508), Herbs And Spices (Chilli), Sugar, Lactose (Milk), Yeast, Yeast Extract, Maltodextrin, Emulsifier (473), Colours (160c, 160b, 150a, 100, 124), Flavour Enhancer (635), Flavours, Smoke Flavour, Food Acid (270), Spice Extract.		

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Pies & Sausage Rolls				
Classic Meat Pie		Weight	kJ (Per Serve)	Allergen Statement
		175 g	1780 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg
<i>The classic taste of 100% Australian meat in delicious gravy wrapped in golden flaky pastry.</i>		INGREDIENTS: Water, Wheat Flour, Meat (Min 25%) (Beef and / or Mutton), Margarine (Vegetable Oil and/or Animal Fat, Water, Salt, Emulsifiers (471, Soy Lecithin), Acidity Regulators (331, 330), Antioxidant (307b (Soy)), Colour (160a), Flavours), Thickeners (1412, 1422), Carrots, Textured Soy Protein (Soy , Colour (150a)), Seasoning (Wheat), Pastry Mix (Wheat , Mineral Salts (500, 341), Emulsifier (481), Thickener (412)), Onion, Colour (150c), Salt, Glaze (Milk , Mineral Salt (450), Colour (160a) Thickener (415)), Processing Aid (Wheat).		
Traveller Beef Pie		Weight	kJ (Per Serve)	Allergen Statement
		160 g	1460 kJ	Contains: Wheat, Gluten, Soy May Contain: Milk, Egg
<i>The classic taste of meat in a rectangular shape perfect for fuelling up on the go.</i>		INGREDIENTS: Water, Beef (Min 25%), Wheat Flour, Margarine (Vegetable Oil and/or Animal Fat, Water, Salt, Emulsifiers (471, 322 (Soy)), Acidity Regulators (331, 330), Antioxidant (307b (Soy)), Thickener (1422), Seasoning (Wheat , Flavour Enhancer (621)), Textured Soy Protein (Soy , Colour (150a)), Onion, Pastry Mix (Wheat , Mineral Salts (508, 341, 500), Emulsifier (481), Thickener (412)), Mineral Salts (508, 450), Colour (150c), Pepper, Glaze (Mineral Salts (500, 451), Thickener (415), Colour (160b)), Processing Aid (Wheat).		
Traveller Beef, Cheese & Bacon Pie		Weight	kJ (Per Serve)	Allergen Statement
		160 g	1450 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg
<i>Beef, bacon, and cheese make up this rectangular deliciousness.</i>		INGREDIENTS: Water, Wheat Flour, Beef (16%), Cheese Sauce (9%) (Cheese (Milk , Salt, Culture, Enzyme), Water, Mineral Salts (452, 339), Thickeners (1442, 415), Acidity Regulator (330), Colour (160a), Butyric Acid), Margarine (Vegetable Oil and / or Animal Fat, Water, Salt, Emulsifiers (471, Soy Lecithin), Acidity Regulators (331, 330), Antioxidant (307b (Soy)), Colour (160a), Flavours), Thickeners (1412, 1422), Bacon (2%) (Mineral Salts (451, 450), Preservative (250), Acidity Regulators (325, 262)), Seasoning (Wheat , Soy , Flavour Enhancer (621)), Textured Soy Protein (Soy , Colour (150a)), Bacon Flavoured Chips (Soy , Flavour Enhancer (635), Colours (129, 171)), Bread Crumb (Wheat , Emulsifier (471)), Pastry Mix (Wheat , Mineral Salts (508, 341, 500), Emulsifier (471), Thickener (412)), Parmesan Cheese (Milk , Colour (150c), Mineral Salts (450, 508), Glaze (Mineral Salts (500, 451), Thickener (415), Colour (160b)), Processing Aid (Wheat).		
Traveller Beef & Pepper Pie		Weight	kJ (Per Serve)	Allergen Statement
		160 g	1420 kJ	Contains: Wheat, Gluten, Soy May Contain: Milk, Egg
<i>The beef is expertly seasoned with pepper, encased in flaky pastry to accompany all your travels.</i>		INGREDIENTS: Water, Wheat Flour, Beef (Min 25%), Margarine (Vegetable Oil and / or Animal Fat, Water, Salt, Emulsifiers (471, Soy Lecithin), Acidity Regulators (331, 330), Antioxidant (307b (Soy)), Colour (160a), Flavours), Thickener (1422), Seasoning (Wheat), Textured Soy Protein (Soy , Colour (150a)), Tomato Paste, Pepper (0.2%), Poppy Seeds, Onion, Pastry Mix (Wheat , Mineral Salts (508, 341, 500), Emulsifier (481), Thickener (412)), Colour (150c), Mineral Salt (450, 508), Glaze (Mineral Salts (500, 451), Thickener (415), Colour (160b)), Processing Aid (Wheat).		

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Pies & Sausage Rolls Continued				
Tradie Sausage Roll		Weight	kJ (Per Serve)	Allergen Statement
		280 g	3410 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Sesame
<i>Minced meat rolled up in delicious pastry.</i>		INGREDIENTS: Wheat Flour, Water, Meat (17%) (Beef and/or Mutton), Margarine (Vegetable Oils and/or Animal Fat, Water, Salt, Emulsifiers (471, 322 (Soy)), Acidity Regulators (331, 330), Antioxidant (307b), Flavour, Colour (160a)), Breadcrumbs (Wheat Flour, Salt, Emulsifier (471), Yeast, Sugar, Wheat Gluten), Seasoning (Wheat, Soy, Milk, Flavour Enhancer (635), Mineral Salt (339)), Onion, Binder (Wheat, Soy, Mineral Salt (451)), Salt, Glaze (Mineral Salts (500, 451), Thickener (415), Colour (160b)).		
Tradie Cheese & Bacon Sausage Roll		Weight	kJ (Per Serve)	Allergen Statement
		280 g	3040 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Sesame
<i>Large size sausage roll with cheese and bacon for all you hungry folk.</i>		INGREDIENTS: Water, Wheat Flour, Margarine (Vegetable Oil and /or Animal Fat, Water, Salt, Emulsifiers (471, Soy Lecithin), Acidity Regulators (331, 330), Antioxidant (307b (Soy)), Colour (160a), Flavours), Beef (8%), Breadcrumb (Wheat Flour, Salt, Sugar, Wheat Gluten , Emulsifier (471)), Bacon (7%) (Pork, Water, Tapioca Starch, Salt, Cure (Mineral Salts (451, 450), Sugar, Dextrose, Antioxidant (316), Preservative (250)), Flavour, Acidity Regulators (325, 262)), Sausage Roll Binder (Wheat, Soy, Mineral Salt (451)), Cheese (3%) (Milk, Thickener (460), Preservative (200)), Carrots, Cheese Powder (Milk, Mineral Salts (339, 331), Acidity Regulator (270)), Onion, Seasoning (Wheat, Soy, Flavour Enhancer (621), Colour (160c)), Thickeners (1422, 461), Salt, Parmesan Cheese (Milk), Colour (150a), Sugar, Glaze (Mineral Salts (500, 451), Thickener (415), Colour (160b)).		
Classic Sausage Roll		Weight	kJ (Per Serve)	Allergen Statement
		180 g	2200 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Sesame
<i>Minced meat wrapped in tasty pastry.</i>		INGREDIENTS: Wheat Flour, Water, Meat (17%) (Beef and/or Mutton), Margarine (Vegetable Oils and/or Animal Fat, Water, Salt, Emulsifiers (471, 322 (Soy)), Acidity Regulators (331, 330), Antioxidant (307b), Flavour, Colour (160a)), Breadcrumbs (Wheat Flour, Salt, Emulsifier (471), Yeast, Sugar, Wheat Gluten), Seasoning (Wheat, Soy, Milk, Flavour Enhancer (635), Mineral Salt (339)), Onion, Binder (Wheat, Soy, Mineral Salt (451)), Salt, Glaze (Mineral Salts (500, 451), Thickener (415), Colour (160b)).		
Classic Cheese & Bacon Sausage Roll		Weight	kJ (Per Serve)	Allergen Statement
		180 g	2110 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Sesame
<i>Minced meat with cheese and bacon. Regular size.</i>		INGREDIENTS: Wheat Flour, Water, Margarine (Vegetable Oil and / or Animal Fat, Water, Salt, Emulsifiers (471, Soy Lecithin), Acidity Regulators (331, 330), Antioxidant (307b (Soy)), Colour (160a), Flavours), Beef (8%), Breadcrumb (Wheat Flour, Salt, Sugar, Wheat Gluten , Emulsifier (471)), Bacon (6%) (Pork, Water, Tapioca Starch, Salt, Cure (Mineral Salts (451, 450), Sugar, Dextrose, Antioxidant (316), Preservative (250)), Flavour, Acidity Regulators (325, 262)), Sausage Roll Binder (Wheat, Soy, Mineral Salt (451)), Cheese (3%) (Milk, Thickener (460), Preservative (200)), Carrots, Onion, Seasoning (Wheat, Soy, Flavour Enhancer (621), Colour (160c)), Cheese Powder (Milk, Mineral Salts (339, 331), Acidity Regulator (270)), Salt, Parmesan Cheese (Milk), Colour (150a), Glaze (Mineral Salts (500, 451), Thickener (415), Colour (160b)).		

Sausage Rolls & Vegetarian				
Halal Sausage Roll		Weight	kJ (Per Serve)	Allergen Statement
		180 g	2180 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Sesame
<i>Sausage roll Halal certified. Displayed wrapped to avoid cross contamination with non halal products.</i>		INGREDIENTS: Wheat Flour, Water, Halal Certified Australian Beef (16%), Margarine (Vegetable Oils, Water, Salt, Emulsifiers (471, 322 (Soy)), Acidity Regulators (331, 330), Antioxidant (307b), Flavour, Colour (160a)), Breadcrumbs (Wheat Flour, Salt, Emulsifier (471), Yeast, Sugar, Wheat Gluten), Binder (Wheat, Soy, Mineral Salt (451)), Seasoning (Wheat, Soy, Milk, Flavour Enhancer (635), Mineral Salt (339)), Onion, Salt, Glaze (Mineral Salts (500, 451), Thickener (415), Colour (160b)).		
Vegetable Pastie		Weight	kJ (Per Serve)	Allergen Statement
		175 g	1750 kJ	Contains: Wheat, Gluten, Soy May Contain: Egg, Milk, Sesame
<i>Vegetable assortment encased in a perfectly puffed pastry pocket.</i>		INGREDIENTS: Vegetables (39%) (Potato (17%), Carrot (2%), Peas (5%), Pumpkin (3%), Corn (2%), Onion, Turnip (1%)), Australian Wheat Flour, Water, Margarine (Vegetable Oils, Water, Salt, Emulsifiers (471, 322 (Soy)), Acidity Regulators (331, 330), Antioxidant (307b), Flavour, Colour (160a)), Seasoning (Wheat, Thickeners (1422, 461)), Dehydrated Potato (Preservatives (450, 222)), Salt, Onion Powder, Glaze (Mineral Salts (500, 451), Thickener (415), Colour (160b)), Colour (150a).		
Spinach & Cheese Roll		Weight	kJ (Per Serve)	Allergen Statement
		190 g	2160 kJ	Contains: Wheat, Gluten, Milk, Sulphites May Contain: Egg, Soy, Sesame
<i>Spinach and cheese are a match made in heaven all rolled up in flaky pastry for your convenience.</i>		INGREDIENTS: Australian Wheat Flour, Water, Cream Cheese (16%) (Milk, Cream, Milk Solids , Salt, Thickener (410), Culture), Margarine (Vegetable Fats and Oils, Water, Salt, Emulsifier (471), Acidity Regulators (331, 330), Antioxidant (307b), Flavour, Colour (160a)), Spinach (11%), Dehydrated Potato (Potatoes, Emulsifier (471), Mineral Salt (450), Preservative (222 (Sulphites)), Acidity Regulator (330)), Onion (2%), Thickeners (1422, 461), Salt, Garnish (Wheat, Emulsifier (471)), Salt, Glaze (Wheat, Colour (160b)), Spices.		

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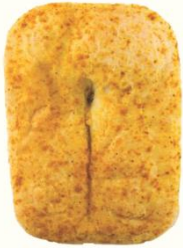
Chunky Tradie Pies				
Tradie Angus Beef Pie		Weight	kJ (Per Serve)	Allergen Statement
		240 g	2280 kJ	Contains: Wheat, Gluten, Milk, Soy, Sulphites May Contain: Egg, Sesame
<i>Hearty pie with large and in charge chunks of delicious Angus beef, this pie hits the spot.</i>		INGREDIENTS: Australian Angus Beef (30%), Water, Wheat Flour, Vegetable Shortening (Vegetable Oil, Emulsifiers (471, Soy Lecithin), Antioxidant (320)), Gravy Mix (Thickener (1412), Salt, Flavour (Milk), Colour (150d), Soy Sauce Powder (Sulphites), Flavour Enhancer (621), Hydrolysed Vegetable Protein, Ground Black Pepper, Nutmeg, Onion Powder, Sugar), Vegetable Shortening (Vegetable Oil, Water, Salt, Emulsifiers (471, 472c, Soy Lecithin), Antioxidant (304), Natural Flavour), Parsley, Milk Solids, Baking Powder (Raising Agents (450, 341, 339, 500), Wheaten Cornflour), Salt, Modified Corn Starch (1422), Glaze (Milk Solids, Dried Glucose Syrup (Wheat), Colour (160b)).		
Tradie Beef & Pepper Pie		Weight	kJ (Per Serve)	Allergen Statement
		240 g	2420 kJ	Contains: Wheat, Gluten, Milk, Soy, Sulphites May Contain: Egg, Sesame
<i>This chunky tradie pie is pleasing to the pallet having been peppered to perfection and is the picture of a hearty eat.</i>		INGREDIENTS: Australian Beef (30%), Water, Wheat Flour, Vegetable Shortening (Vegetable Oil, Emulsifiers (471, Soy Lecithin), Antioxidant (320)), Gravy Mix (Thickener (1412), Salt, Flavour (Milk), Colour (150d), Soy Sauce Powder (Sulphites), Flavour Enhancer (621), Hydrolysed Vegetable Protein, Ground Black Pepper, Nutmeg, Onion Powder, Sugar), Vegetable Shortening (Vegetable Oil, Water, Salt, Emulsifiers (471, 472c, Soy Lecithin), Antioxidant (304), Natural Flavour), Pepper (1.4%), Milk Solids, Baking Powder (Raising Agents (450, 341, 339, 500), Wheaten Cornflour), Salt, Modified Corn Starch (1422), Glaze (Milk Solids, Dried Glucose Syrup (Wheat), Colour (160b)).		
Tradie Beef, Bacon & Cheese Pie		Weight	kJ (Per Serve)	Allergen Statement
		240 g	2420 kJ	Contains: Wheat, Gluten, Milk, Soy, Sulphites May Contain: Egg, Sesame
<i>Look no further for one of the heartiest cheese and bacon pies out there. Tasty cheese, bacon and beef round out this delicious pie.</i>		INGREDIENTS: Australian Beef (28%), Water, Wheat Flour, Vegetable Shortening (Vegetable Oil, Emulsifiers (471, Soy Lecithin), Antioxidant (320)), Cheese (3.4%) (Milk), Vegetable Shortening (Vegetable Oil, Water, Salt, Emulsifiers (471, 472c, Soy Lecithin), Antioxidant (304), Natural Flavour), Gravy Mix (Thickener (1412), Salt, Flavour (Milk), Colour (150d), Soy Sauce Powder (Sulphites), Flavour Enhancer (621), Hydrolysed Vegetable Protein, Ground Black Pepper, Nutmeg, Onion Powder, Sugar), Bacon (2%), Milk Solids, Baking Powder (Raising Agents (450, 341, 339, 500), Wheaten Cornflour), Salt, Modified Corn Starch (1422), Glaze (Milk Solids, Dried Glucose Syrup (Wheat), Colour (160b)).		






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Pies – Tasmania Only				
Chefs Beef, Bacon & Cheese Pie		Weight	kJ (Per Serve)	Allergen Statement
		220 g	2270 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: -
<i>Beef, bacon, and cheese are the heroes of this flaky and tasty pie.</i>		INGREDIENTS: Australian Beef (30%), Wheat Flour, Water, Shortening (Animal Fat, Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (320), Colour (160a)), Margarine (Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (307b), Colour (160a)), Onion, Thickener (1442), Cheddar Cheese (2.5%) (Milk , Enzymes (Non-Animal Rennet, Non-Animal Lipase), Anticaking Agent (460)), Bacon (1.5%) (Mineral Salts (451, 450, 452), Antioxidant (316), Preservative (250), Acidity Regulator (331)), Defatted Soy Flour, Salt Iodised, Wheat Gluten , Gravox (Wheat , Colour (150c)), Breadcrumbs (Wheat), Parmesan Cheese (Milk , Enzyme (Animal Rennet)), Colour (150c, 160a), Seasoning (Flavour Enhancers (621, 635), Colours (150c, 100), Flavours (Soy), Acidity Regulator (330)), Pepper, Milk Powder.		
Chefs Chicken & Camembert Pie		Weight	kJ (Per Serve)	Allergen Statement
		220 g	2310 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: -
<i>Camembert cheese takes this pie to the next level paired with chicken and topped with poppy seeds.</i>		INGREDIENTS: Wheat Flour, Free Range Chicken (24%), Water, Camembert Cheese (10%) (Milk , Cultures, Salt, Mineral Salt (509), Enzyme (Rennet), Emulsifiers (450, 452, 339)), Shortening (Animal Fat, Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (320), Colour (160a)), Onion, Margarine (Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (307b), Colour (160a)), Thickener (1422), Wheat Starch, Garlic, Milk Powder, Wheat Gluten , Salt Iodised, Poppy Seed, Seasoning (Flavour Enhancers (621, 635)), Pepper, Colour (160a).		
Chefs Chunky Beef Pie		Weight	kJ (Per Serve)	Allergen Statement
		220 g	2170 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: -
<i>Round pie with chunks of beef.</i>		INGREDIENTS: Australian Beef (32%), Wheat Flour, Water, Shortening (Animal Fat, Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (320), Colour (160a)), Margarine (Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (307b), Colour (160a)), Onion, Thickener (1442), Defatted Soy Flour, Salt Iodised, Wheat Gluten , Gravox (Wheat , Colour (150c)), Colour (150c, 160a), Seasoning (Flavour Enhancers (621, 635), Colours (150c, 100), Flavours (Soy), Acidity Regulator (330)), Pepper, Milk Powder.		
National Beef & Cheese Pie		Weight	kJ (Per Serve)	Allergen Statement
		180 g	1990 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: -
<i>Rectangular pie filled with beef and tasty cheese</i>		INGREDIENTS: Wheat Flour, Water, Australian Beef (18%), Cheese Sauce (Cheese (47%) (Milk , Salt, Starter Culture, Enzyme), Mineral Salts (452, 339), Thickeners (1442, 415), Acidity Regulator (330), Natural Colour (160a), Butyric Acid), Shortening (Animal Fat, Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (320), Colour (160a)), Margarine (Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (307b), Colour (160a)), Thickener (1442), Defatted Soy Flour, Onion, Wheat Gluten , Seasoning (Flavour Enhancers (621, 635), Colours (150c, 100), Flavours (Soy), Acidity Regulator (330)), Salt Iodised, Gravox (Wheat , Colour (150c)), Colour (150c, 160a), Pepper, Parmesan Cheese (Milk , Enzyme (Animal Rennet)), Milk Powder.		




Product Info Book

Pies Continued – Tasmania Only

		Weight	kJ (Per Serve)	Allergen Statement
National Beef & Pepper Pie		180 g	1880 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: -
<i>Another classic, pepper seasons the beef to give the beef a hearty peppery kick</i>		INGREDIENTS: Wheat Flour, Water, Australian Beef (24%), Shortening (Animal Fat, Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (320), Colour (160a)), Margarine (Emulsifier ((471), Soy Lecithin (Soy)), Antioxidant (307b), Colour (160a)), Thickener (1442), Green Peppercorn (Food Acid (330)), Defatted Soy Flour, Onion, Seasoning (Flavour Enhancers (621, 635), Colours (150c, 100), Flavours (Soy), Acidity Regulator (330)), Wheat Gluten, Salt Iodised, Pepper (0.5%), Gravox (Wheat, Colour (150c), Colour (150c, 160a), Milk Powder.		
National Classic Beef Pie		180 g	1890 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: -
<i>You can't beef a classic beef pie.</i>		INGREDIENTS: Wheat Flour, Water, Australian Beef (25%), Shortening (Animal Fat, Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (320), Colour (160a)), Margarine (Contains Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (307b), Colour (160a)), Thickener (1442), Defatted Soy Flour, Onion, Seasoning (Flavour Enhancers (621, 635), Colours (150c, 100), Flavours (Soy), Acidity Regulator (330)), Wheat Gluten, Salt Iodised, Gravox (Wheat, Colour (150c), Colour (150c, 160a), Pepper, Milk Powder.		
National Curried Chicken Pie		180 g	1890 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: -
<i>Over beef? This chicken pie is sensationally seasoned with delectable curry powder.</i>		INGREDIENTS: Wheat Flour, Free Range Chicken (27%), Water, Shortening (Animal Fat, Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (320), Colour (160a)), Margarine (Emulsifiers ((471), Soy Lecithin (Soy)), Antioxidant (307b), Colour (160a)), Carrot, Onion, Thickener (1422), Wheat Starch, Milk Powder, Salt Iodised, Wheat Gluten, Curry Powder (0.5%), Seasoning (Flavour Enhancer (621)), Seasoning (Flavour Enhancers (621, 635)), Pepper, Colour (160a).		





Fried Snacking				
Hot Chips		Weight	kJ (Per Serve)	Allergen Statement
		250 g	2650 kJ	Contains: - May Contain: Wheat, Gluten, Milk, Soy, Egg, Sesame, Fish
<i>Deliciously crunchy chips</i>		INGREDIENTS: Potato (81%), Thickeners (1412, 1400, 1414, 1404, 415), Canola Oil, Corn Starch, Rice Flour, Salt, Sugar, Raising Agents (450, 500ii), Dextrose (From Maize), Yeast Extract, Garlic Powder, Onion Powder, Natural Colour (Carotene).		
Chicken Goujons		Weight	kJ (Per Serve)	Allergen Statement
		200 g	2560 kJ	Contains: Wheat, Gluten, Soy, Sulphites May Contain: Egg, Milk
<i>Strips of chicken breaded in a crunchy golden crumb</i>		INGREDIENTS: Chicken (36%), Water, Crumb (18%) (Potato Flakes (Potato, Emulsifier (471), Mineral Salt (450), Preservative (223) (Sulphites), Food Acid (330)), Wheat Flour, Rice Flour, Salt, Emulsifier (481), Dextrose, Spice Extracts (160c, 100)), Vegetable Oil, Wheat Flour, Wheat Gluten, Salt, Wheat Starch, Thickener (1404), Mineral Salts (450, 500, 451), Vegetable Gums (412, 415), Soy Meal (Wheat), Soy Protein, Dehydrated Vegetables (Onion, Garlic), Yeast Extract.		
Potato Cake		Weight	kJ (Per Serve)	Allergen Statement
		95 g	1070 kJ	Contains: Wheat, Gluten, Sulphites May Contain: Egg, Milk, Soy, Sesame, Fish
<i>The classic crunch of a sliver of potato coated in delicious fried batter.</i>		INGREDIENTS: Potato Mix (46%) (Water, Potato Flakes (14%), Emulsifier (471), Raising Agent (450), Preservative (223), Acidity Regulator (Citric Acid), Emulsifier (461), Tapioca Starch, Salt), Water, Wheat Flour, Vegetable Oil, Salt, Yeast, Sugar, Raising Agents (541, 500).		
Dim Sim		Weight	kJ (Per Serve)	Allergen Statement
		100 g	815 kJ	Contains: Wheat, Gluten May Contain: Egg, Milk, Soy, Sesame, Fish
<i>Cabbage and minced meat wrapped in pastry</i>		INGREDIENTS: Cabbage, Meat (24%) (Beef and/or Mutton), Wheat Flour, Wheat Starch, Water, Salt, Onion, Sugar, Onion Powder, Spices, Flavour Enhancer (621).		
Chiko Roll		Weight	kJ (Per Serve)	Allergen Statement
		170 g	1530 kJ	Contains: Wheat, Barley, Gluten, Soy May Contain: Egg, Milk, Sesame, Fish
Cabbage, Carrot, Celery, Onion, Green Beans, and minced meat in a crunchy pastry		INGREDIENTS: Vegetables (31%) (Cabbage, Carrot, Celery, Onion, Green Beans), Wheat Flour, Water, Cooked Barley (Water, Barley), Beef (4%), Canola Oil, Wheat Cereal, Textured Soy Protein, Salt, Sugar, Acidity Regulators (450, Sodium Bicarbonate), Hydrolysed Vegetable Protein (Soy), Spice (Chilli), Emulsifier (471), Flavour Enhancer (635), Colours (102, 110).		

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Fried Snacking – Continued				
Smokey Chilli Cheese Kransky		Weight	kJ (Per Serve)	Allergen Statement
		135 g	1780 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: -
<i>This is a chili flavoured sausage with pockets of cheese.</i>		INGREDIENTS: Beef, Chicken, Pork (72%), Water, Cheese (Milk), Sausage Premix (Rice Flour, Potato Starch, Salt, Gluten , Dextrose, Mineral Salt (451), Preservative (221), Flavour Enhancer (621, 635), Herbs & Spices, Dried Vegetable, Hydrolysed Vegetable Protein, Canola Oil, Flavours (Soy), Sugar, Colours (160c, 100, 150d), Maltodextrin, Acidity Regulator (330), Yeast Extract, Antioxidant (392)), Cabana Premix (Salt, Soy Protein, Mineral Salt (451), Rice Flour, Sugar, Spices, Dried Vegetable, Hydrolysed Vegetable Protein, Flavour Enhancer (621), preservative (221), Antioxidants (316, 392), Spice Extracts, Acidity Regulator (331), Sodium Nitrate (250), Smoke Flavour, Canola Oil, Fermented Red Rice), Chilli, Smoke Flavour, Pepper, Salt.		
Smokey Cheese Kransky		Weight	kJ (Per Serve)	Allergen Statement
		135 g	1330 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: -
<i>Sausage with smokey flavour and cheese inside.</i>		INGREDIENTS: Beef, Chicken, Pork (72%), Water, Cheese (Milk), Sausage Premix (Rice Flour, Potato Starch, Salt, Gluten , Dextrose, Wheat Flour, Mineral Salt (451), Preservative (221), Flavour Enhancer (621, 635), Spices, Dried Vegetable, Spice Extracts, Hydrolysed Vegetable Protein, Canola Oil, Sugar), Cabana Premix (Salt, Soy Protein, Mineral Salt (451), Rice Flour, Sugar, Spices, Dried Vegetable, Hydrolysed Vegetable Protein, Flavour Enhancer (621), Preservative (221), Antioxidant (316), Spice Extracts, Food Acid (331), Sodium Nitrate (250), Smoke Flavour), Smoke Flavour, Pepper, Salt.		
Chicken & Cheese Crumbed Sausage		Weight	kJ (Per Serve)	Allergen Statement
		150 g	1380 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: -
<i>Chicken sausage with pockets of cheese coated in crunchy golden crumbs.</i>		INGREDIENTS: Chicken (60%), Cheese (12%) (Milk), Yellow Crunch Crumbs (Wheat Flour, Soy Flour, Salt, Canola Oil, Dextrose, (Tapioca Maize), Colour (102)), White Bread Crumbs (Wheat Flour (White And Wholemeal), Water, Baker's Yeast, Iodised Salt, Gluten , Canola Oil, Soy Flour, Rye Flour, Wheat Fibre, Soy Fibre, Vinegar, Malted Barley, Vegetable Emulsifiers (471, 481, 472e), Vitamins (Thiamine, Folic Acid), Chicken Premix (Salt, Rice Flour, Flavour Enhancers (621, 635), Sugar, Spices, Hydrolysed Vegetable Protein, Canola Oil, Spice Extracts, Anti-Caking Agent (554)), Water, Tapioca Starch, Soy Protein, Milk Powder.		

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Slices				
Brookie		Weight	kJ (Per Serve)	Allergen Statement
		80 g	1580 kJ	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Peanuts, Walnuts, Sesame
<i>Brownie meets choc chip cookie in this hybrid snack.</i>		INGREDIENTS: Dark Choc (Sugar, Vegetable Fat (Palm), Cocoa, Milk Solids , Emulsifiers (492, 322 Soy), Natural Flavours), Fortified Wheat Flour (Wheat Flour , Vitamin (Folic Acid)), Condensed Milk (Milk Solids , Sugar), Butter (Cream (Milk), Salt), Dark Chocolate (Sugar, Cocoa Solids, Milk Solids , Emulsifier), Brown Sugar, Sugar, Egg , Dark Choc (492, 322 Soy), Flavour, Iodised Salt, Raising Agent (500, 450, 170).		
Lemon Slice		Weight	kJ (Per Serve)	Allergen Statement
		119 g	2260 kJ	Contains: Wheat, Gluten, Milk, Sulphites May Contain: Egg, Soy, Peanuts, Tree Nuts, Sesame, Lupin
<i>Deliciously tangy and citrusy, this lemon slice is delectable.</i>		INGREDIENTS: Biscuit Crumbs (30.8%) (Wheat Flour , Sugar, Vegetable Shortening (RSPO Palm Oil), Vanilla Powder, Golden Syrup), Condensed Milk (Milk , Sugar, Lactose), Icing Sugar (Sugar, Corn Starch (Sulphites)), Butter (Cream (Milk)), Coconut (223), Lemon (6.17%), Citric Acid (330), Natural Flavour.		
Walnut Brownie		Weight	kJ (Per Serve)	Allergen Statement
		108 g	2150 kJ	Contains: Walnuts, Pecans, Egg, Milk, Soy, Sulphites May Contain: Wheat, Gluten, Peanuts, Sesame, Lupin
<i>A chocolate brownie paired perfectly with walnuts. <u>This product contains walnuts and pecans.</u></i>		INGREDIENTS: Chocolate (29.7%) (Sugar, Cocoa Mass, Cocoa Butter, Vegetable Fat (322, 492, Palm Oil), Cocoa Powder, Milk Solids , Emulsifier (322 (Soy), 476), Flavour), Butter (Cream (Milk)), Egg , Sugar, Walnuts (5.55%), Cream (Cream (Milk), Halal Gelatine, Thickener (407a), Emulsifier (471)), Cocoa Powder (3.93%), Pecans (3.33%), Gluten Free Flour (Thickeners (466, 464), Emulsifier (471), Vegetable Gum (415)), Flavour (Caramel Colour (150d)), Stabiliser (Humectants (420, 1520), Emulsifiers (471 (Soy), 475), Acidity Regulator (570)), Glucose, Salt.		

Banana Bread & Muffins				
Banana Bread <i>A classic banana bread that pairs perfectly with any coffee.</i>		Weight	KJ (Per Serve)	Allergen Statement
		145 g	2170 kJ	Contains: Wheat, Gluten, Egg, Milk May Contain: Soy, Peanuts, Walnuts, Sesame
		INGREDIENTS: Banana (26%) (Acidity Regulators (300)), Fortified Wheat Flour (Wheat Flour, Vitamin (Folic Acid)), Sugar, Water, Canola Oil, Butter (Cream (Milk), Salt), Egg , Flavour, Raising Agent (500), Iodised Salt.		
Blueberry Crumble Muffin <i>Classic blueberry muffin with an oat crumble crust.</i>		Weight	KJ (Per Serve)	Allergen Statement
		140 g	1830 kJ	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Peanuts, Tree Nuts, Sesame
		INGREDIENTS: Fortified Wheat Flour (Wheat Flour, Vitamin (Folic Acid)), Sugar, Water, Blueberries (14%), Canola Oil, Eggs , Milk Solids (322 Soy), Vinegar, Raising Agent (500, 450, 170), Wholegrain Oats, Margarine (Vegetable Oil (Palm), Water, Salt, Emulsifiers (471, 472c, 322 Soy , 476), Natural Flavour, Acidity Regulator (330), Natural Colour (160a), Antioxidant (304, 307b)), Butter (Cream (Milk), Salt), Emulsifier (475, Rice Starch), Iodised Salt.		
Double Chocolate Muffin <i>Rich and chocolatey muffin, perfect to satisfy any sweet tooth.</i>		Weight	KJ (Per Serve)	Allergen Statement
		140 g	2160 kJ	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Peanuts, Walnuts, Almonds, Cashew, Pistachios, Pecan, Sesame
		INGREDIENTS: Fortified Wheat Flour (Wheat Flour, Vitamin (Folic Acid)), Sugar, Dark Chocolate (10%) (Sugar, Cocoa Mass, Dextrose, Milk Fat, Cocoa Butter, Emulsifiers (322 Soy , 476), Flavour), Canola Oil, Banana Pulp (Acidity Regulators (300, 330)), Dark Choc (3%) (Sugar, Vegetable (Palm), Cocoa, Milk Solids, Emulsifiers (492, 322 Soy), Flavour), Cocoa (3%), Eggs , Maize Starch, Vinegar, Raising Agent (500, 450, 170), Iodised Salt, Flavour, Colour (153).		
Apple, Raspberry & White Choc Muffin <i>Apple sweetens the deal in this raspberry and white choc muffin. Give it a try today!</i>		Weight	KJ (Per Serve)	Allergen Statement
		140 g	2050 kJ	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Peanuts, Tree Nuts (Walnuts, Almonds, Cashews, Pecan, Pistachio nuts), Sesame
		INGREDIENTS: Fortified Wheat Flour (Wheat Flour, Vitamin (Folic Acid)), Water, Sugar, Canola Oil, Raspberries (7%), Apple (4%) (Antioxidant (300), Firming Agent (509)), White Choc (4%) (Sugar, Vegetable Fat (Palm), Milk Solids, Emulsifiers (322 Soy), Natural Flavour), Egg , Banana Pulp, Milk Solids, Raising Agent (500, 450, 170), Vinegar, Emulsifier, Iodised Salt, Natural Flavour.		

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Pastries				
Butter Croissant		Weight	kJ (Per Serve)	Allergen Statement
		90 g	1290 kJ	Contains: Wheat, Gluten, Egg, Milk. May Contain: Soy, Hazelnuts, Almonds
<i>A golden, flaky, buttery crescent croissant.</i>		INGREDIENTS: Wheat Flour (Wheat Gluten, Flour Treatment Agent (300)), Butter (Milk) (20.7%), Water, Yeast, Sugar, Salt, Baking Improver (Wheat Flour, Wheat Gluten, Flour Treatment Agent (300)), Egg Wash.		
Pain au chocolat		Weight	kJ (Per Serve)	Allergen Statement
		80 g	1340 kJ	Contains: Wheat, Gluten, Egg, Milk. May Contain: Soy, Hazelnuts, Almonds
<i>A tasty flaky pastry with two streams of chocolate running through the centre.</i>		INGREDIENTS: Wheat Flour (Wheat Gluten, Flour Treatment Agent (300)), Butter (Milk) (17.9%), Water, Yeast, Sugar, Salt, Baking Improver (Wheat Gluten, Wheat Flour, Flour Treatment Agent (300)), Egg, Chocolate Filling (15.6%) (Min. 41% Cocoa Solids) (Sugar, Cocoa Mass, Cocoa Butter, Whole Milk Powder, Whey Powder (Milk), Skimmed Milk Powder, Emulsifier (Soya Lecithin 322)), Egg Wash, Icing Sugar.		
Apple Danish		Weight	kJ (Per Serve)	Allergen Statement
		80 g	1390 kJ	Contains: Wheat, Gluten, Almond, Egg, Sulphites. May Contain: Soy, Hazelnut, Pecan, Milk.
<i>Gear up for the flavour medley in this new pastry! Sweet, tart and buttery are all waiting for you in this delish Danish.</i>		INGREDIENTS: Pastry (Wheat Flour (Wheat Flour, Vitamins (Thiamin, Folic Acid)), Pastry Margarine (Sustainable Palm Oil, Rapeseed Oil, Water, Emulsifier (471), Salt), Water, Egg, Sugar, Wheat Gluten, Yeast (Yeast, Emulsifier (491), Acidity Regulator (300)), Improver (Wheat Flour, Wheat Gluten, Vitamin (Thiamin, Folic Acid), Acidity Regulator (300), Processing Aid (Enzyme)), Pectin (Stabiliser (440), Emulsifier (444)), Salt (Salt, Processing Aid (Potassium Iodide))), Apple Filling (22%) (Apple (70%), Sugar, Water, Thickener (1422), Acidity Regulators (330, 300), Natural Flavouring, Preservative (Potassium Sorbate), Processing Aid (223 (Sulphites))), Almond Filling (Sugar, Cake Margarine (Palm Oil, Rapeseed Oil, Water, Coconut Oil, Emulsifier (471), Salt, Natural Flavouring, Acidity Regulator (330), Vitamin A, Natural Colour (Carotene)), Water, Wheat Flour, Almond Meal, Natural Flavouring], White Icing [Sugar, Water, Glucose Syrup], Glaze [Water, Stabiliser (953), Sugar, Glucose Syrup, Gelling Agent (406), Preservative (Potassium Sorbate), Acidity Regulator (330)].		






Cookies				
M&M® Cookie		Weight	kJ (Per Serve)	Allergen Statement
		45 g	941 kJ	Contains: Wheat, Gluten, Egg, Milk, Soy, Sesame May Contain: Peanuts, Tree Nuts
<i>A very bright and colourful cookie thanks to M&M's® MINIS®.</i>		INGREDIENTS: Wheat Flour, Sugar, M&M's® MINIS® Chocolate (18%) ((Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat (Shea, Palm), Emulsifier (322 (Soy)), Salt, Flavour), Sugar, Corn Starch, Glucose Syrup (Wheat), Thickeners (414, 1400), Colours (171, 110, 102, 129, 133), Glazing Agent (903)), Shortening Blend (Palm, Canola), Margarine Blend (Vegetable Oil, Water, Butter (Milk) (Butter Oil, Water, Salt), Salt, Buttermilk Powder (Milk), Emulsifiers (471, 472c), Food Acids (270), Flavour, Antioxidant (304), Colour (160a)), Egg , Salt, Raising Agents (500, 450), Flavour, Wheat Starch, Mineral Salt (170).		
Choc Chip Cookie		Weight	kJ (Per Serve)	Allergen Statement
		45 g	959 kJ	Contains: Wheat, Gluten, Egg, Milk May Contain: Tree Nuts, Soy, Sesame
<i>Mini choc chips rule this classic sweet treat.</i>		INGREDIENTS: Wheat Flour, Sugar, Dark Chocolate Chips (16%) (Sugar, Cocoa Solids (Minimum 43.0%), Vegetable Emulsifier (322 From Sunflower), Flavouring), Shortening Blend (Palm, Canola), Margarine Blend (Vegetable Oil, Water, Butter (Milk), Salt, Milk Solids, Emulsifiers (471, 472c), Acidity Regulator (270), Flavouring, Antioxidant (304), Natural Colour (160a)), Water, Egg , Salt, Raising Agents (500, 450), Flavouring, Wheat Starch, Mineral Salt (170).		
Caramel Filled White Choc Chip Cookie		Weight	kJ (Per Serve)	Allergen Statement
		80 g	1630 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Peanut, Almond, Cashew, Walnut, Macadamia, Pecan, Pistachio, Sesame
<i>This caramel filled cookie with white choc chips is heaven for those with a sweet tooth.</i>		INGREDIENTS: Wheat Flour, White Compound Chocolate (Sugar, Milk Solids, Vegetable Fat, Emulsifier (Soy Lecithin)), Sugar, Butter (Cream (Milk)), Caramel Sauce (Sugar, Water, Glucose Syrup, Invert Syrup, Milk Solids, Vegetable Fat, Thickener (1442), Vegetable Gum (401), Salt, Emulsifiers (471, 322), Mineral Salts (500, 339), Preservative (202)), Honeycomb Pieces (2.74%), Condensed Milk , Invert Sugar, Natural Vanilla Flavour, Raising Agents (500, 541, 341), Skim Milk Powder, Tapioca Starch, Salt, Emulsifier (415).		
Hazelnut Filled Choc Chip Cookie		Weight	kJ (Per Serve)	Allergen Statement
		80 g	1720 kJ	Contains: Wheat, Gluten, Milk, Soy, Hazelnut May Contain: Egg, Peanut, Almond, Cashew, Walnut, Macadamia, Pecan, Pistachio, Sesame
<i>Hazelnut choc spread is the hero in this choc chip filled cookie. Perfect for any choc-o-holic. Contains Hazelnut.</i>		INGREDIENTS: Wheat Flour, Sugar, Dark Chocolate (20%) (Sugar, Cocoa Mass, Cocoa Butter, Dextrose, Emulsifier, (Soy Lecithin), Vanillin), Butter (Cream (Milk)), Nutella (10%) (Sugar, Vegetable Oil, Hazelnut , Skim Milk Powder, Cocoa Powder, Emulsifier (Soy Lecithin), Vanillin Flavouring), Condensed Milk , Water, Invert Sugar, Natural Vanilla Flavour, Raising Agents (500, 541, 341), Skim Milk Powder, Tapioca Starch, Salt, Emulsifier (415).		

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Donuts				
Choc Iced Donut		Weight	kJ (Per Serve)	Allergen Statement
		130 g	2250 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Peanut, Almond, Walnut, Hazelnut, Sulphites, Sesame
<i>Classic donut topped with chocolate icing and sprinkles.</i> <i>THIS DONUT IS NON-VEGETARIAN</i>		INGREDIENTS: Donut Mix (Wheat Flour, Vegetable Oils (Soybean Oil, Vegetable Oils (Emulsifiers (471, 477)), Antioxidants (307, 322 (Soy))), Wheat Gluten , Emulsifiers (471, 481, 322 (Soy), 472e), Sugar, Soy Flour, Salt, Dextrose, Raising Agents (450, 500), Milk Solids, Thickeners (412)), Chocolate Flavoured Icing (21%), (Fondant (Sucrose, Glucose (Wheat)), Icing Stabiliser (Thickeners (1422, 406, 410, 401), Soybean Oil), Chocolate Flavour (Colours (150d, 155, 151, 133))), Shortening (Animal Fat), Water, Sprinkles (5%), (Sugar, Tapioca Starch, Colours (102, 110, 133, 122, 129), Glazing Agent (903)), Yeast, Sugar, Vegetable Oil, Preservative (202).		
Pink Iced Donut		Weight	kJ (Per Serve)	Allergen Statement
		130 g	2220 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Peanut, Almond, Walnut, Hazelnut, Sulphites, Sesame
<i>Classic donut topped with strawberry icing and sprinkles.</i> <i>THIS DONUT IS NON-VEGETARIAN</i>		INGREDIENTS: Donut Mix (Wheat Flour, Vegetable Oils (Soybean Oil, Vegetable Oils (Emulsifiers (471, 477)), Antioxidants (307, 322 (Soy))), Wheat Gluten , Emulsifiers (471, 481, 322 (Soy), 472e), Sugar, Soy Flour, Salt, Dextrose, Raising Agents (450, 500), Milk Solids, Thickeners (412)), Pink Icing (22%) (Fondant (Sucrose, Glucose (Wheat)), Sugar, Icing Stabiliser (Thickeners (1422, 406, 410, 401), Soybean Oil), Strawberry Flavour, Colour (Amaranth)), Shortening (Animal Fat), Water, Sprinkles (5%) (Sugar, Tapioca Starch, Colours (102, 110, 133, 122, 129), Glazing Agent (903)), Yeast, Vegetable Oil, Preservative (202).		
Sugar Jam Donut		Weight	kJ (Per Serve)	Allergen Statement
		120 g	2020 kJ	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Peanut, Almond, Walnut, Hazelnut, Sulphites, Sesame
<i>Classic donut filled with a sweet jam and rolled in sugar.</i> <i>THIS DONUT IS NON-VEGETARIAN</i>		INGREDIENTS: Donut Mix (Wheat Flour, Vegetable Oils (Soybean Oil, Vegetable Oils (Emulsifiers (471, 477)), Antioxidants (307, 322 (Soy))), Wheat Gluten , Emulsifiers (471, 481, 322 (Soy), 472e), Sugar, Soy Flour, Salt, Dextrose, Raising Agents (450, 500), Milk Solids, Thickeners (412)), Jam (18%) (Sugar, Apple, Vegetable Gum (440), Food Acid (Citric Acid), Colours (122, 123), Flavour), Shortening (Animal Fat), Sugar, Water, Yeast, Vegetable Oil, Preservative (202).		

Chilled Drinks - Milkshakes

		Weight	kJ (Per Serve)	Allergen Statement
Strawberry Milkshake		570 mL	2330 kJ	Contains: Milk, Soy May Contain: Wheat, Gluten, Peanut, Tree Nuts
<i>Creamy strawberry milkshake made with ice cream.</i>		INGREDIENTS: Whole Milk , Ice Cream, (Reconstituted Low Fat Milk (63%), Glucose Syrup, Sugar, Milk Solids, Water, Butter (Milk) Or Cream (Milk), Maltodextrin, Vegetable Origin Emulsifiers (477, 471 (Soy)), Vegetable Gum (412), Flavours, Colour (160b), Strawberry Milkshake Powder (Sugar, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Natural Flavours, Vegetable Gums (412, 415), Anticaking Agent (551), Stabilisers (340, 451, 452), Natural Colour (162), Milk Solids, Emulsifiers (471, 322 Soy)).		
Vanilla Milkshake		570 mL	2360 kJ	Contains: Milk, Soy May Contain: Wheat, Gluten, Peanut, Tree Nuts
<i>Creamy vanilla milkshake made with ice cream.</i>		INGREDIENTS: Whole Milk , Ice Cream (Reconstituted Low Fat Milk (63%), Glucose Syrup, Sugar, Milk Solids, Water, Butter (Milk) Or Cream (Milk), Maltodextrin, Vegetable Origin Emulsifiers (477, 471 (Soy)), Vegetable Gum (412), Flavours, Colour (160b)), Vanilla Milkshake Powder (Sugar, Milk Solids, Glucose Syrup Solids, Vegetable Fat, Vegetable Gums (412, 415), Stabilisers (340, 451, 452), Emulsifiers (471, 322 (Soy)), Flavours, Anticaking Agent (551)).		
Chocolate Milkshake		570 mL	2380 kJ	Contains: Milk, Soy May Contain: Wheat, Gluten, Peanut, Tree Nuts
<i>Creamy chocolate milkshake made with ice cream.</i>		INGREDIENTS: Whole Milk , Ice Cream (Reconstituted Low Fat Milk (63%), Glucose Syrup, Sugar, Milk Solids, Water, Butter (Milk) Or Cream (Milk), Maltodextrin, Vegetable Origin Emulsifiers (477, 471 (Soy)), Vegetable Gum (412), Flavours, Colour (160b), Chocolate Milkshake Powder (Sugar, Glucose Syrup Solids, Cocoa Powder (18%), Vegetable Fat, Flavours, Stabilisers (340, 451, 452), Salt, Milk Solids, Emulsifiers (471, 322 (Soy)), Vegetable Gums (415, 407), Anticaking Agent (551), Acidity Regulator (501)).		
Iced Coffee		570 mL	1580 kJ	Contains: Milk, Soy May Contain: Wheat, Gluten, Peanut, Tree Nuts
<i>Milkshake style iced coffee blended with coffee and ice cream.</i>		INGREDIENTS: Whole Milk , Ice Cream (Reconstituted Low Fat Milk (63%), Glucose Syrup, Sugar, Milk Solids, Water, Butter (Milk) Or Cream (Milk), Maltodextrin, Vegetable Origin Emulsifiers (477, 471 (Soy)), Vegetable Gum (412), Flavours, Colour (160b), Espresso Shot, Vanilla Milkshake Powder (Sugar, Milk Solids, Glucose Syrup Solids, Vegetable Fat, Vegetable Gums (412, 415), Stabilisers (340, 451, 452), Emulsifiers (471, 322 (Soy)), Flavours, Anticaking Agent (551)).		

Chilled Drinks – Iced Drinks				
Iced Latte		Weight	kJ (Per Serve)	Allergen Statement
		570 mL	687 kJ	Contains: Milk
<i>A classic iced latte with barista made espresso poured over ice</i>		INGREDIENTS: Full Cream Milk , Espresso Shot, Ice		
Iced Mocha		Weight	kJ (Per Serve)	Allergen Statement
		570 mL	1470 kJ	Contains: Milk
<i>This mocha has the perfect sweet coffee balance with the coffee hit and thick chocolate drizzle.</i>		INGREDIENTS: Whole Milk , Ice, Chocolate Syrup, Shott, 15ml (Cane Sugar, Filtered Water, Dutch Cocoa Powder (15%), Corn Syrup, Food Acid (575), Preservative (202, 223), Vegetable Gum (Carrageenan), Espresso Shot.		
Iced Chocolate		Weight	kJ (Per Serve)	Allergen Statement
		570 mL	1440 kJ	Contains: Milk
<i>A decadent iced chocolate perfect for the choco-holic with thick chocolate sauce drizzle.</i>		INGREDIENTS: Whole Milk , Ice, Chocolate Syrup (Cane Sugar, Filtered Water, Dutch Cocoa Powder (15%), Corn Syrup, Food Acid (575), Preservative (202, 223), Vegetable Gum (Carrageenan).		
Iced Chai		Weight	kJ (Per Serve)	Allergen Statement
		570 mL	1030 kJ	Contains: Milk
<i>A refreshing iced chai with delicious, spiced notes.</i>		INGREDIENTS: Whole Milk , Ice, Chai Syrup, Spiced Notes (Filtered Water, Cane Sugar, Natural Flavour, Sea Salt, Natural Colour (150a), Vegetable Gum (Acacia), Preservative (202), Spice Extract (0.1%), Citric Acid (330).		
Iced Long Black		Weight	kJ (Per Serve)	Allergen Statement
		570 mL	42 kJ	N/A
<i>A refreshing coffee for long black drinkers.</i>		INGREDIENTS: Water, Ice, Espresso Shot		

Product Info Book

COFFEE Size: 430 mL (Regular)	Full Cream Milk kJ *Contains milk	Lite Milk kJ *Contains milk	Soy Milk kJ *Contains soy	Ingredients
Latte	912	646	581	Espresso shot and milk.
Cappuccino	700	506	459	Espresso shot, milk and choc powder.
Espresso/short black	5	5	5	Espresso shot.
Flat white	958	678	610	Espresso shot and milk
Hazelnut mocha <small>May contain: Wheat (gluten), peanut, tree nut, soy</small>	1490	1250	1200	Choc powder, hazelnut syrup, espresso and milk
Long black	5	5	5	Espresso shot and water
Macchiato	42	31	29	Espresso shot and foam
Piccolo	805	571	514	Espresso shot and milk
Mocha	1480	1250	1190	Choc powder, espresso shot and milk
Extra shot	5	5	5	Espresso shot
Dirty chai	1360	1110	1050	Chai powder, espresso shot and milk
Chai Latte	1470	1190	1120	Chai Powder and milk
Hot chocolate	1620	1340	1280	Milk and choc powder
Babyccino (70 mL)	189	133	120	Milk and choc powder
Iced latte	823	583	525	Espresso shot and milk

*Full cream and lite milk contain **milk**.

*Soy milk contains **soy**.

Alternate milks also available: Oat and Almond.

Almond milk contains **tree nuts. May contain **milk**.

Oat milk contains **oat. May contain **milk & soy**.