





# NEW ZEALAND CUSTOMER INFO BOOK


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Chicken Wing	Allergen Statement	Weight	Nutritional Information	
<i>Fried Cajun spiced chicken wing</i>	Contains: <b>Wheat, Gluten, Soy</b> May Contain: <b>Milk</b>	82 g	Component	Per 100g
	<b>INGREDIENTS:</b> Chicken (69%), Water, Flour ( <b>Wheat</b> , Maize, Rice), Breadcrumb ( <b>Wheat</b> ), Salt, <b>Wheat</b> Starch, Canola Oil, Spices & Spice Extracts (Pepper, Paprika, Turmeric, Cumin, Capsicum, Chilli), Modified Starch (1422, 1442), Herbs (Oregano, Thyme, Basil, Rosemary), Thickener (412), <b>Wheat Gluten</b> , Dehydrated Vegetables (Garlic, Onion), Yeast Extract, Natural Flavouring, Mineral Salts (451, 450), Sugar, Maltodextrin, <b>Soy</b> Protein.		Energy kJ	1130
			Protein g	13.3
			Fat, total g	18.6
			Fat, saturated g	3.6
			Carbohydrates g	12.4
			Sugars g	1.7
			Sodium mg	470


Mac & Cheese Bite	Allergen Statement	Weight	Nutritional Information		
<i>Classic Mac &amp; Cheese flavours encased in a golden crumb bite</i>	Contains: <b>Wheat, Gluten, Milk</b> May Contain: <b>Crustacea, Egg, Fish, Soy, Sulphites</b>	45 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Pasta (26%) [Durum <b>Wheat</b> Semolina, Water], Cheese Sauce (269) [Water, Whey Powder ( <b>Milk</b> ), Thickener (1422), Maltodextrin, <b>Milk</b> Solids, Salt, Cheese Powder ( <b>Milk</b> Solids, Cheese Solids ( <b>Milk</b> , Salt, Starter Culture, Enzymes), Salt, Food Acid (330)), Tapioca Starch, Dehydrated Onion, Sugar, Thickener (412), Sunflower Oil, Natural Flavours (Contains <b>Milk</b> ), Yeast Extract, Acidity Regulator (331), Stabiliser (451), Flavour Enhancer (635), Spice, Spice Extract), Batter Water, <b>Wheat</b> Flour, Maize Starch, Salt, Thickeners (401, 464)], Breadcrumbs <b>Wheat</b> Flour, Edible Glucose, Salt, Yeast, Natural Colour (E100), Emulsifier (471), Dextrose], Cheese (8.5%) [ <b>Milk</b> , Salt, Starter Cultures, Enzymes, Non-animal Rennet, Lipase, Anti Caking Agent (460), Preservative (200)], Bacon (6%) [Pork, Water, Salt, Thickeners (1442, 407a, 508, 415), Starch (Potato, Tapioca), Dextrose, Sugar, Smoke Flavouring, Mineral Salts (451, 450, 452, 500), Antioxidants (316, 307b), Hydrolysed Vegetable Protein (Maize), Yeast Extract, Maize Oil, Preservative (250), Sorghum Husk Extract, Colour (160b), Onion, Maize Starch, Vegetable Oil, Dehydrated Potato Flakes (Emulsifiers (471, 450), Acidity Regulator (330)), Chives, Ground White Pepper.		Energy kJ	316	703
			Protein g	2.7	5.9
			Fat, total g	2.7	6.0
			Fat, saturated g	1.2	2.6
			Carbohydrates g	10.0	22.2
			Sugars g	2.6	5.7
			Sodium mg	189	420

Memphis Chicken Bite	Allergen Statement	Weight	Nutritional Information		
<i>Bite sized chicken packed with southern flavours within a golden crumb</i>	Contains: <b>Wheat, Gluten, Soy</b> May Contain: <b>Crustacea, Egg, Fish, Milk, Sulphites</b>	45 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Chicken (53%), Batter (20%) [Water, <b>Wheat</b> Flour, Thickeners (1404, 412), Maize Starch, Salt, Dehydrated Onion, Hydrolysed Vegetable Protein ( <b>Wheat</b> ), Spices, Herb, Seasoning (Sugar, Dehydrated Vegetables, Salt, Acidity Regulators (262, 330), Fructose, Worcestershire Sauce Powder (Maltodextrin (Maize), Vegetable Protein Extract (Maize), Vinegar, Sugar, Salt, Molasses, Garlic, Acidity Regulator (330), Spices, Rice Bran Oil), Flavours, Colour (150a), Yeast Extract)], Breadcrumb (12%) <b>Wheat</b> Flour, Herbs, Spices (Black Pepper), Yeast, Salt, Colours (150a, 160c, 160b, 100), <b>Wheat Gluten</b> , Sugar, Canola Oil, Dehydrated Vegetables, Acidity Regulators (262, 330), Fructose, Worcestershire Sauce, Flavours, Yeast Extract, Emulsifier (471)], Water, Vegetable Oil, <b>Soy</b> Protein Isolate, Textured <b>Soy</b> Protein, Seasoning [Phosphate (451), Hydrolysed Vegetable Protein ( <b>Soy</b> ), Flavour Enhancer (920)], Dehydrated Onion, Phosphate (450, 451), Salt, Ground White Pepper.		Energy kJ	383	852
			Protein g	6.0	3.4
			Fat, total g	4.3	9.6
			Fat, saturated g	0.4	0.8
			Carbohydrates g	6.9	15.4
			Sugars g	1.3	2.9
			Sodium mg	315	700


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Southern Style Chicken Bite		Allergen Statement	Weight	Nutritional Information		
<i>Southern style chicken flavours all packed into a delicious bite sized morsel</i>		Contains: Wheat, Gluten, Milk, Soy May Contain: Crustacea, Egg, Fish, Sulphites	45 g	Component	Per serve	Per 100g
				Energy kJ	367	816
	INGREDIENTS:			Protein g	6.1	13.6
	Chicken (53%), Batter (21%) [Water, <b>Wheat</b> Flour, Thickeners (404, 412), Maize Starch, Salt, Spices, Herbs, Mineral Salts (450, 500), Whey Powder ( <b>Milk</b> ), Dextrose, Vegetable Powder, Hydrolysed Vegetable Protein ( <b>Wheat</b> ), Flavour Enhancer (635)], Breadcrumb (12%) [ <b>Wheat</b> Flour, Salt, Yeast, Vinegar, Spices, Herbs, Mineral Salts (450, 500), Whey Powder ( <b>Milk</b> ), Dextrose, Flavour Enhancer (635)], Water, Vegetable Oil, <b>Soy</b> Protein Isolate, Textured <b>Soy</b> Protein, Seasoning [Phosphate (451), Hydrolysed Vegetable Protein ( <b>Soy</b> ), Flavour Enhancer (920)], Dehydrated Onion, Phosphate (450, 451), Salt, Ground White Pepper.			Fat, total g	4.3	9.6
				Fat, saturated g	0.4	0.8
				Carbohydrates g	5.4	12.1
				Sugars g	0.5	1.0
				Sodium mg	256	570


Firecracker Chicken Bite		Allergen Statement	Weight	Nutritional Information		
<i>Quality chicken bites encased in a fiery, crispy rice bubble crumb</i>		Contains: Gluten, Wheat, Soy May Contain: Crustacea, Egg, Fish, Milk, Sulphites	45 g	Component	Per serve	Per 100g
				Energy kJ	415	923
	INGREDIENTS:			Protein g	6.1	13.5
	Chicken (53%), Batter (16%) [Water, <b>Wheat</b> Flour, Modified Starch (1404, 1420), Maize Starch, Salt, Thickener (412), Dehydrated Onion, Vegetable Protein Extract (Maize), Spice, Herb, Mineral Salt (452), Hydrolysed Vegetable Protein], Crumb Blend (11%) [Breadcrumbs ( <b>Wheat</b> Flour, Salt, Yeast, Colour (160b)), Bubble Crumb (Corn Flour, Starch, White Sugar, Salt, (MSG) Flavour Enhancer (621), Raising agent (500), Acidity Regulator (450), Stabilizer (341), Emulsifier (471), Corn Starch], Water, Vegetable Oil, Firecracker Predust (4.5%) [ <b>Wheat</b> Flour, Salt, Dehydrated Vegetables, Sugar, <b>Wheat Gluten</b> , Acidity Regulator (262), Tapioca Starch, Spice, <b>Wheat</b> , Fibre, Flavour, Yeast Extract, Spice extracts, Canola Oil, Yeast], <b>Soy</b> Protein Concentrate, Textured <b>Soy</b> Protein Concentrate, Seasoning [Phosphate (451), Hydrolysed Vegetable Protein ( <b>Soy</b> ), Flavour Enhancer (920)], Dehydrated Onion, Phosphate (450, 451), Salt, Ground White Pepper.			Fat, total g	5.4	12.1
				Fat, saturated g	1.5	3.4
				Carbohydrates g	6.5	14.5
				Sugars g	0.5	1.2
				Sodium mg	290	644

Beef Nacho Bite		Allergen Statement	Weight	Nutritional Information		
<i>Seasoned chili beef, red kidney beans, and cheese coated in a crunchy corn chip crumb</i>		Contains: Wheat, Gluten, Milk, Soy May Contain: Crustacea, Egg, Fish, Sulphites	45 g	Component	Per serve	Per 100g
				Energy kJ	399	886
	INGREDIENTS:			Protein g	5.2	11.5
	Beef (23%), Batter (18%) [Water, <b>Wheat</b> Flour, Maize Starch, Salt, Thickeners (401), Stabiliser (464)], Red Kidney Beans (11%), Water, Salt, Sugar, Firming agent (509)], Nacho Chip Crumb (9%) [ <b>Wheat</b> Flour, Corn Chips (Maize Flour, Canola Oil, Salt), Maize Flour, Rice Flour, Spices, Herb, Salt, Yeast, Sugar, Acidity Regulator (330), Canola Oil, Rice Bran, Colours (160c, 160b, 100), <b>Wheat Gluten</b> , Processing Aid ( <b>Wheat</b> ), Edible Glucose], Onion (7%), Mozzarella (7%) [ <b>Milk</b> , Salt, Cultures, Enzymes (Non-Animal Rennet), Anti-caking Agent (460), Preservative (200)], Breadcrumbs (7%) [ <b>Wheat</b> Flour, Edible Glucose, Salt, Yeast, Natural Colour (100), Emulsifier (471)], Water, Textured <b>Soy</b> Protein, Tomato Paste, Cheese Blend [ <b>Milk</b> , Anti Caking Agent (460), Preservative (200)], Vegetable Oil, Nacho Seasoning [Spices, Hydrolysed Vegetable Protein ( <b>Soy</b> ), Colour (150c), Thickener (415), Anticaking Agent (551), Acidity Regulator (330), Flavour Enhancer (635)], Modified Tapioca Starch (1412), Stabiliser (461).			Fat, total g	4.4	9.8
				Fat, saturated g	1.7	3.9
				Carbohydrates g	8.4	18.7
				Sugars g	1.0	2.1
				Sodium mg	236	525


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Cheeseburger Bite		Allergen Statement	Weight	Nutritional Information		
<i>Juicy beef, cheese, and tangy gherkins coated in a herby ciabatta crumb</i>		Contains: Wheat, Gluten, Milk, Soy May Contain: Crustacea, Egg, Fish, Sulphites	45 g	Component	Per serve	Per 100g
				Energy kJ	433	963
	INGREDIENTS:			Protein g	5.3	11.9
	Beef (24%), Batter [Water, <b>Wheat</b> Flour, Maize Starch, Salt, Thickeners (401), Stabiliser (464)], Mozzarella (10%) [ <b>Milk</b> , Salt, Cultures, Enzymes (Non-Animal Rennet), Anti-caking Agent (460), Preservative (200)], Onion (8%), Ciabatta Crumb (7%) [ <b>Wheat</b> Flour, Corn Starch, Rice Flour, Maltodextrin, <b>Soybean</b> Flour, Potato Powder, Yeast, Edible Glucose, Salt, Palm Oil, Corn Starch, Sugar, Vitamin C, Colour (120)], Breadcrumb (7%) [ <b>Wheat</b> Flour, Edible Glucose, Salt, Yeast, Natural Colour (100), Emulsifier (471)], Cheese Blend (6%) [ <b>Milk</b> , Salt, Starter Cultures, Enzymes, Anti Caking Agent (460), Preservative (200)], Water, Pickle Binder [ <b>Wheat</b> Flour, Emulsifier (451), Acidity Regulator (262)], Gherkins (3.5%) [Firming Agent (509), Preservative (211)], Vegetable Oil, Textured <b>Soy</b> Protein, Tomato Paste, Maize Starch, Modified Tapioca Starch (1412), Stabiliser (461)]			Fat, total g	5.7	12.6
				Fat, saturated g	2.3	5.2
				Carbohydrates g	8.1	17.9
				Sugars g	0.8	1.7
				Sodium mg	338	751


Classic Sausage		Allergen Statement	Weight	Nutritional Information		
<i>Baked Sausage</i>		Contains: Wheat, Gluten, Sulphites	120 g	Component	Per serve	Per 100g
		May Contain: Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut, Milk, Peanut		Energy kJ	1055	879
				Protein g	15.5	12.7
	INGREDIENTS:			Fat, total g	18.4	15.3
	Meat (77%) (Chicken, Beef), Water, Seasonings (Cereal Binder ( <b>Wheat</b> ), Salt, <b>Wheat</b> Flour, <b>Wheat</b> Gluten, Mineral Salts (451, 450), Potato Fibre, Herbs, Hydrolysed Vegetable Protein (Maize), Preservative (223) ( <b>Sulphites</b> ), Vegetable Powders, Spice, Spice Extract (160c), Herb Extract).			Fat, saturated g	7.1	5.9
				Carbohydrates g	7.0	5.8
				Sugars g	0.3	0.21
				Sodium mg	1025	854

Loaded Hash Brown Toppa		Allergen Statement	Weight	Nutritional Information		
<i>A flavoursome Toppa filled with bacon &amp; cheese, encased in a crunchy crumb</i>		Contains: Wheat, Gluten, Milk, Soy May Contain: Crustacea, Egg, Fish, Sulphites	135 g	Component	Per serve	Per 100g
				Energy kJ	1193	884
	INGREDIENTS:			Protein g	10.3	7.6
	Batter [Water, <b>Wheat</b> Flour, Maize Starch, Salt, Thickeners (401, 464)], Potato Fries (15%) [Potato, Canola Oil, Dextrose (Maize)], Water, Bacon (Shredded) (12%) [Pork, Water, Salt, Seasoning (Mineral Salts (451, 452, 500), Salt, Dextrose, Sugar, Antioxidant (316), Preservative (250), Colour (124)), Preservatives (326, 216), Gelling Agent (407)], Breadcrumbs [ <b>Wheat</b> Flour, Glucose, Salt, Yeast, Natural Colour (100)], Bacon-flavoured sprinkles (7%) [Defatted <b>Soy</b> Meal, Flavour, Vegetable Oil, Liquid Smoke, Colours (129, 171)], Mozzarella (6%) [Pasteurised <b>Milk</b> , Salt, Cultures, Enzymes (Non-Animal Rennet, Rennet), Water, <b>Milk</b> Solids, Emulsifiers (450, 452), Acidity Regulator (330), Anticaking Agent (460), Preservative (200)], Dehydrated Potato Flakes (3.5%) [Emulsifiers (471, 450), Acidity Regulator (330)], Onion, Vegetable Oil, Seasoning.			Fat, total g	14.0	10.4
				Fat, saturated g	5.5	4.1
				Carbohydrates g	29.2	21.6
				Sugars g	5.6	4.2
				Sodium mg	567	420

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Chicken Cordon Bleu		Allergen Statement	Weight	Nutritional Information		
<i>Toppa with a twist - French style layered chicken, ham &amp; cheese, encased in a crumb.</i>		Contains: <b>Wheat, Gluten, Milk, Soy</b> May Contain: <b>Crustacea, Egg, Fish, Sulphites</b>	133 g	Component	Per serve	Per 100g
				Energy kJ	1112	836
	INGREDIENTS:			Protein g	16.9	12.7
	Chicken (41%, Ground), Batter [Water, <b>Wheat</b> Flour, Thickeners (412, 1404), Maize Starch, Salt, Dehydrated Onion, Hydrolysed Vegetable Protein ( <b>Wheat</b> ), Spice, Herb], Breadcrumb [ <b>Wheat</b> Flour, Glucose, Salt, Yeast, Natural Colour (100)], Water, Ham (8%) [Pork, Water, Potato Starch, Salt, Sugar, Mineral Salts (451, 450, 508), Thickeners (407, 415), Preservatives (250, 325, 262), Antioxidants (316, 392, 306), Maltodextrin, Vegetable Protein Extract (Maize), Smoke Flavour], Cheese (8%) [ <b>Milk</b> , Salt, Culture, Rennet, Water, <b>Milk</b> Solids, Emulsifiers (450, 452), Preservative (200), Acidity Regulator (330), Anti-caking Agent (460)], Seasoning [ <b>Soy</b> Protein, Emulsifier (451), Hydrolysed Vegetable Protein ( <b>Soy</b> ), Anti-caking Agent (551)], Vegetable Oil, <b>Soy</b> Protein Isolate, Textured <b>Soy</b> Protein.			Fat, total g	13.8	10.4
				Fat, saturated g	2.8	2.1
				Carbohydrates g	18.4	13.8
				Sugars g	0.5	0.4
				Sodium mg	980	737


Lasagne Toppa		Allergen Statement	Weight	Nutritional Information		
<i>A delicious beef lasagne as a Toppa in a golden crunchy crumb.</i>		Contains: <b>Wheat, Gluten, Milk, Soy</b> May Contain: <b>Crustacea, Egg, Fish, Sulphites</b>	143 g	Component	Per serve	Per 100g
				Energy kJ	1158	810
	INGREDIENTS:			Protein g	14.3	10
	Beef (22%), Batter [Water, <b>Wheat</b> Flour, Maize Starch, Salt, Thickeners (401, 464)], Breadcrumbs (14%) [ <b>Wheat</b> Flour, Glucose, Salt, Yeast, Natural Colour (100), Emulsifier (451)], Pasta (13%) [Water, Durum <b>Wheat</b> Semolina], Water, Cheese (6%) [ <b>Milk</b> , <b>Milk</b> Solids, Cultures, Enzymes (Non-Animal Rennet), Anticaking Agent (460), Preservative (200), Thickener (1422), Stabilisers (415, 466), Emulsifying Salts (331, 451), Food Acid (270), Yeast Extract, Colours (100, 160a)], Tomato Paste, Textured <b>Soy</b> Protein, Onion, Seasoning [ <b>Wheat</b> , <b>Soy</b> Protein, Hydrolysed Vegetable Protein ( <b>Soy</b> ), Acidity Regulator (330), Anti-caking Agent (551), Spice Extracts (160c, 100), Flavour Enhancer (635), Emulsifiers (451, 433), Antioxidant (Vitamin E)], Vegetable Oil, Capsicum, Maize Starch.			Fat, total g	11.2	7.8
				Fat, saturated g	4.3	3.0
				Carbohydrates g	30.3	21.2
				Sugars g	2.4	1.7
				Sodium mg	673	471


Louisiana Chicken Tender		Allergen Statement	Weight	Nutritional Information		
<i>A juicy baked chicken tender coated with the classic flavours of southern USA</i>		Contains: <b>Wheat, Gluten, Soy</b> May Contain: <b>Egg, Milk</b>	65 g	Component	Per serve	Per 100g
				Energy kJ	368	567
	INGREDIENTS:			Protein g	10.9	16.7
	Chicken Breast (72%), Water, Flour ( <b>Wheat, Soy</b> , Corn, Rice), Salt, Spices, Dehydrated Vegetables, Sugar, Yeast Extract, Flavour, Herb, Canola Oil, Yeast, Spice Extract, Colour (160c), <b>Wheat Gluten</b> , Herb Extracts, Processing Aid ( <b>Wheat</b> Flour), Flour Treatment Agents (516, 300), Enzyme ( <b>Wheat</b> ), Thickener (1404), Mineral Salts (500, 541, 450), Emulsifier (322 ( <b>Soy</b> ), Dextrose, Hydrolised Vegetable Protein ( <b>Soy</b> ), Flavour Enhancer (621,635), Herbs and Spices.			Fat, total g	2.4	3.7
				Fat, saturated g	0.2	0.2
				Carbohydrates g	5.5	8.4
				Sugars g	0.3	0.4
				Sodium mg	350	538




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Spicy Chicken Tender		Allergen Statement	Weight	Nutritional Information		
<i>A juicy roasted chicken tender coated with a spicy crumb</i>		Contains: <b>Wheat, Gluten, Egg, Soy</b> May Contain: <b>Milk</b>	65 g	Component	Per serve	Per 100g
	INGREDIENTS:			Energy kJ	348	535
	Chicken (75%), Flour ( <b>Wheat, Soy</b> , Corn, Rice), Water, Salt, Sugar, Dextrose, Hydrolysed Vegetable Protein ( <b>Soy</b> ), Canola Oil, Flavour Enhancer (621, 635), Dehydrated Vegetables, Herbs And Spices, Mineral Salt (450, 451, 500, 541), Flavour, Acidity Regulator (451), Thickener (1404), Emulsifier (322 (Soy)), Wheat Gluten, <b>Egg</b> Albumen, Yeast Extract, Herbs Extracts, Processing Aids ( <b>Wheat</b> ), Colour (160c).			Protein g	11.1	17.1
				Fat, total g	2.3	3.6
				Fat, saturated g	0.1	0.2
				Carbohydrates g	4.2	6.5
				Sugars g	0.2	0.3
				Sodium mg	323	498


Jalapeno Poppa		Allergen Statement	Weight	Nutritional Information		
<i>Bite sized potato filled with an oozy jalapeno kick.</i>		Contains: <b>Wheat, Gluten, Milk, Soy</b>	40 g	Component	Per serve	Per 100g
	INGREDIENTS:			Energy kJ	730	912
	Potatoes (33%) (Potatoes, Potato Flakes (Contains Emulsifier (471), Stabiliser (450), Acidity Regulator (330))), Jalapenos (13%) (Jalapeno Peppers, Vinegar, Onions, <b>Soybean</b> Oil, Garlic, Spices), Crumb ( <b>Wheat</b> Flour, <b>Wheat</b> Bran, Corn Chips (3.5%), Salt, Emulsifier (471), Yeast, Sugar, Colour (160b)), Cream Cheese (12%) (Cream, <b>Milk</b> Solids, Salt, Acidity Regulator (270), Emulsifiers (450, 452, 451, 339), Thickener (401), Natural Flavour), Smoked Jalapeno Sauce (10%) (Aioli (Sunflower Oil, Water, Vinegar, Date Syrup, Garlic, Salt, Lemon Juice, Cornflour, Mustard Powder, Xanthan Gum, Turmeric), Tomatillo, Psaila Powder, Liquid Smoke (Natural Hickory Smoked Flavour, Water, Citric Acid, Caramel Colour), Green Jalapeno), Cheese ( <b>Milk</b> , Salt, Anticaking Agent (460), Preservative (220), Cultures, Rennet), Batter (Tapioca Starch, Flours ( <b>Wheat</b> , Rice), Salt, Spices, Vegetable Gums (412, 415)), Vegetable Oil, Modified Starch (1442), Stabiliser (461).			Protein g	4.4	5.5
				Fat, total g	9.6	12
				Fat, saturated g	4.0	5.0
				Carbohydrates g	17.9	22.4
				Sugars g	1.2	1.5
				Sodium mg	363	454

Sweetcorn Poppa		Allergen Statement	Weight	Nutritional Information		
<i>Bite sized potato filled with sweetcorn &amp; sweet chilli.</i>		Contains: <b>Wheat, Gluten, Milk</b> May Contain: <b>Sesame, Soy, Sulphites</b>	40 g	Component	Per serve	Per 100g
	INGREDIENTS:			Energy kJ	358	894
	Sweetcorn Kernels (21%), Potatoes, Crumb ( <b>Wheat</b> Flour, <b>Wheat</b> Bran, Salt, Emulsifier (471), Yeast, Sugar, Herbs), Potato Flakes (Water, Potatoes, Emulsifier (471), Stabiliser (450), Acidity Regulator (330)), Chilli Relish (10%) (Sugar, Onion, Water, Pepper, Apple, Chilli, Tomato Paste, Vinegar (White), Date, Thickener (1442), <b>Soy</b> Sauce, Ginger, Salt, Molasses, Garlic, Preservative (202), Spice, Acidity Regulator (260)), Cream Cheese (Cream, <b>Milk</b> Solids, Salt, Acidity Regulator (270), Emulsifiers (450, 452, 451, 339), Thickener (401), Natural Flavour), Batter (Water, Tapioca Starch, <b>Wheat</b> Flour, Rice Flour, Salt, Spice, Thickeners (412, 415)), Cheese Powder ( <b>Milk</b> Solids, Cheese ( <b>Milk</b> , Salt, Starter Culture, Enzymes), Salt, Food Acid (330)), Vegetable Oil, Cheese ( <b>Milk</b> , Salt, Anticaking Agent (460), Preservative (200), Cultures, Rennet), Spring Onions, Modified Starch (1442), Stabiliser (461), Spices, Flavour (Natural).			Protein g	2.2	5.6
				Fat, total g	3.3	8.2
				Fat, saturated g	1.5	3.7
				Carbohydrates g	11.6	29
				Sugars g	6.3	2.5
				Sodium mg	240	96


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Ham & Cheese Pocket		Allergen Statement	Weight	Nutritional Information		
<i>Square pastry filled with ham &amp; cheese creamy filling.</i>		Contains: <b>Wheat, Gluten, Milk, Soy</b> May Contain: <b>Egg, Sulphites</b>	130 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b>			Energy kJ	1690	1300
	Pastry (65%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> ), Salt, Glaze (Colour (160a)), Filling (35%): Ham (34%) [Pork, Water, Salt, Sugar, Carageenan, Mineral Salts, (451, 452, 500), Antioxidant (316), Dextrose, Preservative (250, 261, 326)], Cream ( <b>Milk</b> ) [Thickener (401)], Water, Cheese (12%) [ <b>Milk</b> , Salt, Cultures, Enzyme, Starch, Cellulose, Preservative (200)], Thickener (1422), Cheese Powder ( <b>Milk</b> ), Vegetable Stock ( <b>Wheat, Barley</b> ).			Protein g	9.2	7.1
				Fat, total g	25.3	19.4
				Fat, saturated g	15.3	11.8
				Carbohydrates g	34.8	26.7
				Sugars g	1.4	1.1
				Sodium mg	600	462


Meatlovers Pocket		Allergen Statement	Weight	Nutritional Information		
<i>The flavour profile of a Meatlovers pizza crammed into a pastry pocket</i>		Contains: <b>Wheat, Gluten, Milk, Soy</b> May Contain: <b>Egg, Sulphites</b>	130 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b>			Energy kJ	1530	1180
	Pastry (65%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> ), Salt, Breadcrumbs ( <b>Wheat</b> ), Paprika, Glaze (Colour (160a)), Spinach Flakes. Filling (35%): Water, Pizza Meat Medley (31%): Ham (33%), Bacon (33%), Pepperoni (19%), Cabanossi Sausage (15%) (Water, Potato Starch, Salt, Sugar, Spices, <b>Soy</b> Protein, Thickeners (1442, 407a, 415), Dextrose, Mineral Salts (451, 450), Smoke Flavour (Emulsifier (443), Acidity Regulator (260, 300, 330)), Garlic, Vegetable Protein Extract (Maize), Spice Extract, Canola Oil, Antioxidant (316), Preservative (250), Rice Flour, Yeast Extract, Dehydrated Garlic, Edible Casing ((Beef) (Colours (160b, 120, 160c))), Tomato Paste, Cheese ( <b>Milk</b> , Salt, Cultures, Enzyme, Starch, Cellulose, Sorbic Acid), Onions, Seasoning Blend ( <b>Wheat, Barley</b> ), Thickener (1422).			Protein g	8.7	6.7
				Fat, total g	19.7	15.1
				Fat, saturated g	11.6	8.9
				Carbohydrates g	38.0	29.2
				Sugars g	2.7	2.1
				Sodium mg	699	538

PIES						
Gourmet American Style Buffalo Chicken Pie		Allergen Statement	Weight	Nutritional Information		
<i>Tender pieces of Chicken and Capsicum in a tangy, spiced sauce, wrapped in perfect Golden Pastry.</i>		Contains: <b>Wheat, Gluten, Milk, Soy</b> May Contain: <b>Egg, Sulphites</b>	260 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b>			Energy kJ	2590	997
	Pastry (50%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> ), Salt, White Quinoa, Mixed Herbs, Glaze ( <b>Milk</b> ).  Filling (50%): Water, Chicken (32%), Cheese Mix (18%) (Water, Cheese ( <b>Milk</b> , Salt, Cultures, Enzyme), Thickener (1442), Mineral Salts (450, 452, 339, 340, 341), Xanthan Gum, Citric Acid, Capsicum, Buffalo Seasoning (4%) ( <b>Wheat, Barley</b> ), Cream ( <b>Milk</b> ), Butter ( <b>Milk</b> ), Natural Flavour ( <b>Milk</b> ).			Protein g	22.7	8.7
				Fat, total g	32.3	12.4
				Fat, saturated g	19.5	7.5
				Carbohydrates g	59.1	22.7
				Sugars g	3.3	1.3
				Sodium mg	1030	398

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Gourmet Butter Chicken Pie		Allergen Statement	Weight	Nutritional Information		
<i>Chicken, coconut cream, butter and subtle spices is nonetheless a proudly home-grown creation.</i>		<b>Contains: Wheat, Gluten, Milk, Soy</b> <b>May Contain: Egg, Sulphites</b>	260 g	Component	Per serve	Per 100g
				Energy kJ	2780	1070
	INGREDIENTS:			Protein g	21.3	8.2
	Pastry (50%): Wheat Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) (Soy), Acidity Regulator (500, 330), Antioxidant (307b) (Soy), Natural Colour (160a), Flavour (Milk)), Salt, Spinach Flakes, Glaze (Milk).			Fat, total g	35.9	13.8
	Filling (50%): Chicken (36%), Water, Coconut Cream (Coconut Milk, Water, Thickener (415, 412, 407)), Onion, Butter Chicken Seasoning (Spices, Salt, Maltodextrin (Maize), Sugar, Flavours, Vegetable Oil, Herbs), Coconut Cream Powder (Milk), Thickener (1422), Margarine (Soy), Tomato Paste, Butter (0.5%) (Milk).			Fat, saturated g	23.3	9.0
				Carbohydrates g	62.8	24.1
				Sugars g	4.3	1.6
				Sodium mg	1000	386


Gourmet Peppersteak Pie		Allergen Statement	Weight	Nutritional Information		
<i>Crammed to the crust with Dad's famous steak in rich, creamy sauce, with cracked black pepper.</i>		<b>Contains: Wheat, Gluten, Milk, Soy</b> <b>May Contain: Egg, Sulphites</b>	260 g	Component	Per serve	Per 100g
				Energy kJ	2660	1020
	INGREDIENTS:			Protein g	23.7	9.1
	Pastry (50%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Pepper, Salt, Glaze (1400, 160a),  Filling (50%): Beef (49%), Water, <b>Milk</b> Powder ( <b>Soy</b> ), Thickener (1422), Beef Stock (Natural Flavours), Onion, Worcestershire Sauce, Black Pepper (1%), Caramel Colour (150c), Herbs & Spices.			Fat, total g	32.0	12.3
				Fat, saturated g	18.2	7.0
				Carbohydrates g	62.8	24.1
				Sugars g	4.0	1.5
				Sodium mg	885	340


Gourmet Angus Steak & Cheese Pie		Allergen Statement	Weight	Nutritional Information		
<i>Dad's own lunch of champions – filled with prime lean Angus beef chunks, and premium cheese.</i>		<b>Contains: Wheat, Gluten, Milk, Soy</b> <b>May Contain: Egg, Sulphites</b>	260 g	Component	Per serve	Per 100g
				Energy kJ	2720	1050
	INGREDIENTS:			Protein g	25.4	9.8
	Pastry (50%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Salt, Mixed Herbs, Glaze (Colour 160a)).			<b>Fat, total</b> g	34.7	13.3
	Filling (50%): Angus Beef (44%), Water, Jalapeno Cheese Mix (25%) [(Water, Cheese ( <b>Milk</b> , Salt, Culture, Enzyme), Thickener (1442), Mineral Salts (450, 452, 339, 340, 341), Xanthan Gum, Citric Acid, Colour (160a), Butyric Acid, Cellulose, Sorbic Acid), Jalapeno (5%) (Jalapenos, Salt, Acetic Acid, Calcium Chloride)], Thickener (1422), Beef Stock (Natural Flavours), Onion, Steak Seasoning, Caramel Colour (150c), Worcestershire Sauce.			<b>Fat, saturated</b> g	20.0	7.7
				<b>Carbohydrates</b> g	58.4	22.5
				<b>Sugars</b> g	1.6	0.6
				<b>Sodium</b> mg	963	370




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Gourmet Angus Steak & Jalapeno Cheese Pie		Allergen Statement	Weight	Nutritional Information		
<i>A classic combination of quality Angus steak and cheese with a spicy punch of jalapeno</i>		<b>Contains: Wheat, Gluten, Milk, Soy</b> <b>May Contain: Egg, Sulphites</b>	260 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b>			Energy kJ	2680	1030
	Pastry (50%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Salt, Mixed Herbs, Glaze (colour (160a)).			Protein g	23.5	9.0
	Filling (50%): Angus Beef (44%), Water, Cheese Mix (18%) ((Water, Cheese ( <b>Milk</b> , Salt, Culture, Enzyme), Thickener (1442), Mineral Salts (450, 452, 339, 340, 341), Xanthan Gum, Citric Acid, Colour (160a), Butyric Acid, Cellulose, Sorbic Acid), Thickener (1422), Beef Stock (Natural Flavours), Onion, Tomato Paste, Caramel Colour (150c), Paprika, Garlic, White Pepper, Black Pepper, Mixed Herbs.			Fat, total g	34.6	13.3
				Fat, saturated g	20.2	7.8
				Carbohydrates g	58.1	22.4
				Sugars g	1.6	0.6
				Sodium mg	1290	496


Firecracker Chicken Pie		Allergen Statement	Weight	Nutritional Information		
<i>A fiery combination of chilli spiced chicken, capsicum, sauce &amp; mayo, all encased in savoury pastry, enjoy!</i>		<b>Contains: Gluten, Milk, Soy, Wheat</b> <b>May Contain: Egg, Sulphites</b>	260 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b>			Energy kJ	2450	942
	Pastry (50%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Saly, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330) Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>milk</b> ), Salt, Linseed, Glaze (Colour (160a)).			Protein g	19.5	7.5
	Filling (50%): Chicken (33%), Water, mayonnaise (18%) (Water, Canola Oil, Thickeners (1442, 1450, 415) Acidity Regulator (260), Sugar, Salt, Lemon Juice Concentrate, Spices, Citrus Fibre, Preservative (202) Colour (160a), Natural Flavour, Antioxidant (385)), Capsicum, Firecracker Seasoning, Thickener (1422), Butter ( <b>Milk</b> ), Vinegar, Cream ( <b>Milk</b> ) Brown Sugar, Salt, Capsicum Oleoresin.			Fat, total g	29.7	11.4
				Fat, saturated g	16.7	6.4
				Carbohydrates g	58.6	22.5
				Sugars g	4.5	1.7
				Sodium mg	841	324

Thai Chicken Pie		Allergen Statement	Weight	Nutritional Information		
<i>This pie is a tasty mix of chicken, red capsicum, and mushrooms in a spicy coconut cream sauce.</i>		<b>Contains: Wheat, Gluten, Milk, Soy</b> <b>May Contain: Egg, Sulphites</b>	260 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b>			Energy kJ	2800	1080
	Pastry (50%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Salt, Chia Seeds, Glaze ( <b>Milk</b> ),			Protein g	21.4	8.2
	Filling (50%): Chicken (36%), Coconut Cream (Coconut Milk, Water, Thickener (415, 412, 407)), Water, Onion, Red Capsicum, Coconut Cream Powder ( <b>Milk</b> ), Thickener (1422), Green Curry Paste (2.7%), Mushroom, Garlic, Salt, White Pepper.			Fat, total g	37.2	14.3
				Fat, saturated g	26.0	10.0
				Carbohydrates g	61.1	23.5
				Sugars g	3.0	1.2
				Sodium mg	896	344


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Gourmet Tandoori Chicken Pie		Allergen Statement	Weight	Nutritional Information		
<i>An Indian inspired chicken pie packed with flavours of a Tandoor, topped with a dollop of sour cream.</i>		Contains: <b>Wheat, Gluten, Milk, Soy</b> May Contain: <b>Egg, Sulphites</b>	260 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Pastry (50%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Breadcrumbs ( <b>Wheat</b> ), Paprika, Salt, Spinach Flakes, Glaze (1400, 160a), Filling (50%): Chicken (30%), Water, Sour Cream 18%) (Cream ( <b>Milk</b> ), Water, <b>Milk</b> Powder, Thickener (1422), Gelatin, Lactic Acid, Salt, Culture), Spice Paste (12%) (Tomato Paste, <b>Soybean</b> Oil, Water, Onion, Salt, Spices, Sugar, Garlic, Vinegar, Ginger, Chilli, Herbs, Citric Acid, Natural Flavours, Inactive Yeast, Xanthan Gum), Onion, Cream ( <b>Milk</b> ), Tomato Paste, Thickener (1422), Brown Sugar, Butter ( <b>Milk</b> ), Vegetable Booster ( <b>Wheat</b> , Barley) (Natural Flavours), Natural Flavour ( <b>Milk</b> ), Spinach Flakes.			Energy kJ	2770	1070
				Protein g	19.6	7.5
				Fat, total g	36.6	14.1
				Fat, saturated g	21.3	8.2
				Carbohydrates g	63.4	24.4
				Sugars g	7.4	2.9
				Sodium mg	1030	396


Classic Mince & Cheese Pie		Allergen Statement	Weight	Nutritional Information		
<i>Tasty lean minced beef smothered in real cheese with a dash of salt, pepper &amp; Worcestershire sauce.</i>		Contains: <b>Wheat, Gluten, Milk, Soy</b> May Contain: <b>Egg, Sulphites</b>	200 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Pastry (52%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Breadcrumbs ( <b>Wheat</b> ), Salt, Glaze (1400, 160a), Filling (48%): Beef (39%), Water, Cheese Mix (19%) (Water, Cheese ( <b>Milk</b> , Salt, Culture, Enzyme), Thickener (1442), Mineral Salts (450, 452, 339, 340, 341), Xanthan Gum, Citric Acid, Colour (160a), Butyric Acid, Cellulose, Sorbic Acid), Thickener (1422), Tomato Paste, Beef Stock (Natural Flavours), Onion, Mince Seasoning, Worcestershire Sauce, Caramel Colour (150c).			Energy kJ	2130	1060
				Protein g	18.8	9.4
				Fat, total g	27.1	13.6
				Fat, saturated g	15.6	7.8
				Carbohydrates g	46.6	23.3
				Sugars g	1.4	0.7
				Sodium mg	719	360


Classic Mince Pie		Allergen Statement	Weight	Nutritional Information		
<i>You can't get more real than a classic mince pie with delicious pastry.</i>		Contains: <b>Gluten, Milk, Soy, Wheat</b> May Contain: <b>Egg, Sulphites</b>	200 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Pastry (51%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Salt, Glaze (1400, 160a), Filling (49%): Beef (49%), Water, Thickener (1422), Tomato Paste, Beef Stock, Onion, Mince Seasoning, Worcestershire Sauce, Caramel Colour (150c).			Energy kJ	2030	1010
				Protein g	18.2	9.1
				Fat, total g	24.6	12.3
				Fat, saturated g	13.7	6.8
				Carbohydrates g	47.0	23.5
				Sugars g	1.6	0.8
				Sodium mg	676	338

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Classic Bacon & Egg Pie		Allergen Statement	Weight	Nutritional Information		
<i>This pie is Kiwi as bro – the classic egg &amp; bacon duo is livened up with cheese, &amp; a splash of cream.</i>		Contains: Wheat, Gluten, Egg, Milk, Soy, May Contain: Sulphites	200 g	Component	Per serve	Per 100g
	INGREDIENTS:			Energy kJ	2520	1260
	Pastry (51%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Salt, Chia Seeds, Glaze ( <b>Milk</b> ), Filling (49%): Bacon (35%) (Pork, Water, Salt, Thickener (1412), Mineral Salts (450, 451), Antioxidant (316), Sodium Nitrite), <b>Egg</b> (25%), Cream ( <b>Milk</b> ) (Thickener (401)), Cheese ( <b>Milk</b> , Salt, Cultures, Enzymes, Starch, Cellulose, Sorbic Acid), Onions, Thickener (1422).			Protein g	17.2	8.6
				Fat, total g	38.8	19.4
				Fat, saturated g	22.1	11.0
				Carbohydrates g	45.3	22.7
				Sugars g	1.7	0.8
				Sodium mg	966	483


Classic Steak & Cheese Pie		Allergen Statement	Weight	Nutritional Information		
<i>Fully loaded with lean-as beef and oozing with delicious cheesiness, all encased in golden pastry</i>		Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Sulphites	200 g	Component	Per serve	Per 100g
	INGREDIENTS:			Energy kJ	2070	1040
	Pastry (52%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Cheese Sauce ( <b>Milk</b> ), Salt, Glaze (1400, 160a), Filling (48%): Beef (39%), Water, Cheese Mix (19%) (Water, Cheese ( <b>Milk</b> , Salt, Culture, Enzyme), Thickener (1442), Mineral Salts (450, 452, 339, 340, 341), Xanthan Gum, Citric Acid, Colour (160a), Butyric Acid, Cellulose, Sorbic Acid), Thickener (1422), Beef Stock (Natural Flavours), Onion, Steak Seasoning, Caramel Colour (150c), Worcestershire Sauce.			Protein g	18.3	9.2
				Fat, total g	26.8	13.4
				Fat, saturated g	15.6	7.8
				Carbohydrates g	44.9	22.4
				Sugars g	1.1	0.5
				Sodium mg	675	338


Classic Steak Pie		Allergen Statement	Weight	Nutritional Information		
<i>Chunks of lean beef, slow cooked in rich beef stock, herbs and spices, this pie is simply delicious</i>		Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Sulphites	200 g	Component	Per serve	Per 100g
	INGREDIENTS:			Energy kJ	1980	989
	Pastry (52%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Breadcrumbs ( <b>Wheat</b> ), Paprika, Salt, Glaze (1400, 160a), Filling (48%): Beef (49%), Water, Thickener (1422), Beef Stock (Natural Flavours), Onion, Steak Seasoning, Caramel Colour (150c), Worcestershire Sauce.			Protein g	17.6	8.8
				Fat, total g	23.9	11.9
				Fat, saturated g	13.5	6.7
				Carbohydrates g	46.2	23.1
				Sugars g	1.2	0.6
				Sodium mg	616	308

Classic Potato Top Pie		Allergen Statement	Weight	Nutritional Information		
<i>This minced beef pie is topped with perfect potato peaks that go from creamy to crispy.</i>		Contains: Wheat, Gluten, Milk, Soy, Sulphites May Contain: Egg	240 g	Component	Per serve	Per 100g
	INGREDIENTS:			Energy kJ	1740	724
	Potato Top (42%): Potato (82%) (Potato Flakes ( <b>Sulphites</b> ), Water), Cream (Thickener (401)) ( <b>Milk</b> ), Thickener (1442), Salt, <b>Milk</b> Powder ( <b>Soy</b> ), Cheese Powder ( <b>Milk</b> ), Stabiliser (464), Natural Flavour ( <b>Milk</b> ), White Pepper, Mince Filling (31%): Beef (49%), Water, Thickener (1422), Tomato Paste, Beef Stock, Onion, Mince Seasoning, Worcestershire Sauce, Caramel Colour (150c), Pastry (27%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Salt, Glaze (1400, 160a).			Protein g	16.0	6.7
				Fat, total g	17.4	7.2
				Fat, saturated g	9.5	3.9
				Carbohydrates g	47.1	19.6
				Sugars g	2.2	0.9
				Sodium mg	752	313

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Vegan Buttery Chick’n Pie		Allergen Statement	Weight	Nutritional Information		
<i>All the flavour with none of the Chicken! Vegan chick’n, coconut cream &amp; spices create this plant powered pie!</i>		<b>Contains: Wheat, Gluten, Soy</b> <b>May Contain: Sulphites</b>	200 g	Component	Per serve	Per 100g
				Energy kJ	2090	1040
	INGREDIENTS:			Protein g	10.9	5.4
	Pastry (51 %): <b>Wheat</b> Flour, Water, Margarine (Vegetable Oil, Salt, Emulsifiers (471, 322) ( <b>Soy</b> ), Acidity Regulator (500 330), Antioxidant (307b) ( <b>Soy</b> ), Colour (160a)), Salt, Quinoa, Spinach Flakes, Dextrin, Filling (49%): Water, Butter Chicken Paste (16%) (Tomato Paste, <b>Soybean</b> Oil, Water, Onion, Salt, Spices, Sugar, Garlic, Vinegar, Ginger, Chilli, Herbs, Citric Acid, Natural Flavours, Inactive Yeast, Xanthan Gum), Onion, Tomato Paste, Coconut Cream (Coconut Milk, Water, Xanthan Gum, Guar Gum, Carrageenan), Chick’n (6%) ( <b>Soybean</b> Flour), Brown Sugar, Margarine ( <b>Soy</b> ) (Flavour), Thickener (1422), Vegetable Stock ( <b>Wheat</b> , Barley), Spinach Flakes.			Fat, total g	26.2	13.1
				Fat, saturated g	14.4	7.2
				Carbohydrates g	53.3	26.6
				Sugars g	9.1	4.6
				Sodium mg	982	491


Classic Big Breakfast Pie		Allergen Statement	Weight	Nutritional Information		
<i>All the flavours you expect in a big breakfast, but in a pie!</i> <i>Including bacon, egg, sausage, mushrooms and relish</i>		<b>Contains: Wheat, Gluten, Egg, Milk, Soy</b> <b>May Contain: Sulphites</b>	200 g	Component	Per serve	Per 100g
				Energy kJ	2400	1200
	INGREDIENTS:			Protein g	15.8	7.9
	Pastry (52%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Flavour ( <b>Milk</b> )), Salt, Kibbled <b>Soy</b> , Glaze (Colour (160a)). Filling (48%): Breakfast Meat Medley (25%): Ham (33%), Bacon (33%), Pepperoni (19%), Cabanossi Sausage (15%) (Water, Potato Starch, Salt, Sugar, Spices, <b>Soy</b> Protein, Thickeners (1442, 407a, 415), Dextrose, Mineral Salts (451, 450), Smoke Flavour (Emulsifier (443), Acidity Regulator (260, 300, 330)), Garlic, Vegetable Protein Extract (Maize), Spice Extract, Canola Oil, Antioxidant (316), Preservative (250), Rice Flour, Yeast Extract, Dehydrated Garlic, Edible Casing ((Beef) (Colours (160b, 120, 160c))), Tomato Relish (Tomato (64%), Citric Acid, Mineral Salt (509), Sugar, Onion, Vinegar, Starch, Salt, Mustard, Spice, Chilli), Cream ( <b>Milk</b> ) (Thickener (401)), <b>Egg</b> (18%), Cheese ( <b>Milk</b> , Salt, Cultures, Enzyme, Starch, Cellulose, Sorbic Acid), Onion, Mushroom, Spinach Flakes			Fat, total g	34.9	17.5
				Fat, saturated g	20.2	10.1
				Carbohydrates g	48.5	24.3
				Sugars g	6.7	3.4
				Sodium mg	864	432


VEGETARIAN ROLL							
Spinach & Feta Savoury		Allergen Statement		Weight	Nutritional Information		
<i>A delicious pastry roll filled packed with spinach &amp; feta with tones of herbs &amp; spices to compliment.</i>		<b>Contains:</b> Egg, Gluten, Milk, Soy, Wheat <b>May Contain:</b> Almond, Cashew, Hazelnut, Macadamia, Peanut, Pecan Nut, Pine Nut, Pistachio, Sesame, Walnut		125 g	Component	Per serve	Per 100g
					Energy kJ	1530	1224
	<b>INGREDIENTS:</b> <b>Wheat Flour</b> , Spinach (22%), Margarine (Vege Oil (Palm), Water, Salt, Emulsifiers (471, 472c, 322 soy, 476), Natural Flavour, Acidity Regulator (330), Natural Colour (160a), Antioxidant (304, 307b), Water, Breadcrumbs ( <b>Wheat</b> , Yeast), <b>Egg</b> , Onion, Feta Cheese (3%), Cheese, Vegetable Flavour (635,100), Modified Starch (1422), Garlic Oil ( <b>Soy</b> ), Iodised Salt, Brown Sugar, Lemon Juice, Canola Oil, Nutmeg, Herbs, Dijon Mustard, White Pepper, Chilli.			Protein g	8.2	6.6	
				Fat, total g	19.2	15.4	
				Fat, saturated g	10.9	8.7	
				Carbohydrates g	39.1	31.3	
				Sugars g	1.3	1.0	
				Sodium mg	819	655	



# NZ Customer Info Book


SAUSAGE ROLLS						
Sausage Roll		Allergen Statement	Weight	Nutritional Information		
<i>Lean, finely ground beef with extra flavour from onions, and herbs and white pepper all rolled in delicious pastry.</i>		<b>Contains: Wheat, Gluten, Milk, Soy</b> <b>May Contain: Egg, Sulphites</b>	120 g	Component	Per serve	Per 100g
				Energy kJ	1210	1010
	<b>INGREDIENTS:</b> Filling (56%): Water, Beef (33%), Seasoning Mix ( <b>Wheat</b> Flour, <b>Soy</b> Protein, Breadcrumb ( <b>Wheat</b> ), Salt, Vegetable Protein Extract (Maize), Dehydrated Vegetables, Acidity Regulators (450, 451), Spice, Preservative (223), Antioxidant (316), Spice Extracts), Onions, Pastry (44%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) (Soy), Flavour ( <b>Milk</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a)), Salt, Glaze ( <b>Milk</b> ).			Protein g	13.2	11.0
				Fat, total g	13.6	11.3
				Fat, saturated g	7.5	6.2
				Carbohydrates g	27.7	23.1
				Sugars g	0.7	0.6
				Sodium mg	750	625


Gourmet Angus Beef Sausage Roll		Allergen Statement	Weight	Nutritional Information		
<i>Premium Angus beef, cheese &amp; a healthy grind of cracked black pepper, all wrapped in Dad's Famous pastry!</i>		<b>Contains: Wheat, Gluten, Milk, Soy</b> <b>May Contain: Egg, Sulphites</b>	200 g	Component	Per serve	Per 100g
				Energy kJ	2050	1020
	INGREDIENTS:			Protein g	22.8	11.4
	Filling (54%): Angus Beef (44%), Water, Onion, Seasoning Blend ( <b>Wheat</b> Flour, <b>Soy</b> Protein, Breadcrumbs ( <b>Wheat</b> Flour, Salt, Yeast, Sugar, Antioxidant (300)), Salt, Spices, Black Pepper (0.7%), Flavour ( <b>Milk</b> ), Vegetable Protein Extract (Maize, <b>Soy</b> ), Dehydrated Vegetables (Onion, Garlic), Acidity Regulator (451), Herbs, Anticaking Agent (551), Spice Extract), Cheese (7%) ( <b>Milk</b> , Salt, Cultures, Enzymes, Starch, Cellulose, Sorbic Acid), <b>Soy</b> Protein, Pastry (46%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Flavour ( <b>Milk</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a), Salt, Breadcrumb ( <b>Wheat</b> ), Black Pepper (0.4%), Glaze ( <b>Milk</b> ).			Fat, total g	26.0	13.0
				Fat, saturated g	14.6	7.3
				Carbohydrates g	40.6	20.3
				Sugars g	1.3	0.7
				Sodium mg	1080	541


Garlic & Cheese Sausage Roll		Allergen Statement	Weight	Nutritional Information		
<i>Filled with beef sausage, a good helping of cheese, and just the right amounts of garlic, herbs, and spices.</i>		Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Sulphites	120 g	Component	Per serve	Per 100g
				Energy kJ	1290	1070
	INGREDIENTS:			Protein g	13.6	11.3
	Filling (56%): Water, Beef (30%), Seasoning Mix ( <b>Wheat</b> Flour, <b>Soy</b> Protein, Breadcrumbs ( <b>Wheat</b> ), Salt, Vegetable Protein Extract (Maize), Dehydrated Vegetables, Acidity Regulators (450, 451), Spice, Preservative (223), Antioxidant (316), Spice Extracts), Onion, Cheese (7%) ( <b>Milk</b> , Salt, Cultures, Enzyme, Starch, Cellulose, Sorbic Acid), Garlic (0.5%), Pastry (44%): <b>Wheat</b> Flour, Water, Margarine (Animal Fat, Vegetable Oil, Water, Salt, Emulsifier (471, 322) ( <b>Soy</b> ), Flavour ( <b>Milk</b> ), Acidity Regulator (500, 330), Antioxidant (307b) ( <b>Soy</b> ), Natural Colour (160a)), Salt, Mixed Herbs, Glaze ( <b>Milk</b> ).			Fat, total g	15.5	12.9
				Fat, saturated g	8.6	7.2
				Carbohydrates g	27.8	23.2
				Sugars g	0.7	0.6
				Sodium mg	742	618




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Ham & Cheese Swirl	Allergen Statement	Advisory Statement	Weight	Nutritional Information		
<i>A classic European savoury pastry with ham, cheese, and a touch of bechamel.</i>	<b>Contains:</b> Wheat, Gluten, Egg, Milk, <b>May Contain:</b> Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut, Peanut, Sesame, Soy	<b>Contains Milk or Milk</b> substitutes made from Cereal/Nuts/Seeds	120 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b>			Energy kJ	1290	1250
	<b>Wheat</b> Flour, Bechamel Sauce (Water, Whey Powder ( <b>Milk</b> ), Modified Starch, Salt, Parsley, Non-Hydrogenated Vegetable Oil (Coconut), Skimmed <b>Milk</b> Powder, Thickener (Sodium Alginate), <b>Egg</b> Yolk Powder, Sugar), Ham 12% (Pork Ham, Water, Salt, Glucose Syrup, Preservatives (Potassium Chloride, Sodium Nitrite), Dehydrated Pork Stock (Water, Bones, Pork Meat), Antioxidant (Sodium Erythorbate)), Butter ( <b>Milk</b> ) 10%, Water, Emmental ( <b>Milk</b> ) 8%, Yeast, Sugar, <b>Eggs</b> , Salt, <b>Wheat Gluten</b> , Flour Treatment Agents (Alpha-Amylases, Hemicelluloses, Ascorbic Acid).			Protein g	11	11
				Fat, total g	15	14
				Fat, saturated g	9.3	9.33
				Carbohydrates g	32	31
				Sugars g	7.1	6.9
				Sodium mg	620	520


BAKERY						
Apple Crumble Muffin		Allergen Statement	Weight	Nutritional Information		
<i>A perfectly spiced apple muffin with a homemade jumbo oat &amp; apple crumble.</i>		Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Almond, Cashew, Pecan, Pistachio, Walnut, Peanut, Sesame	130 g	Component	Per serve	Per 100g
				Energy kJ	1660	1280
	INGREDIENTS: Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Water, Sugar, Apple (17%) (Antioxidant (300), Firming Agent (509)), Canola Oil, Margarine (Vege Oil (Palm, <b>Soy</b> ), Emulsifiers (322 ( <b>Soy</b> ), 435, 475, 471, 476), Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), <b>Egg</b> , Brown Sugar, <b>Milk</b> Solids, Wholegrain Oats, Raising Agent (170, 450, 500), Vinegar, Iodised Salt, Cinnamon, Flavour, Cloves.			Protein g	6.3	4.8
				Fat, total g	14.5	11.1
				Fat, saturated g	3.9	3.0
				Carbohydrates g	59.8	46.0
				Sugars g	31.8	24.5
				Sodium mg	404	310

Banana Choc Chip Muffin		Allergen Statement	Weight	Nutritional Information		
<i>A banana muffin packed with dark chocolate chips, topped with chocolate chunks.</i>		<b>Contains: Wheat, Gluten, Egg, Milk, Soy</b> <b>May Contain: Almond, Cashew, Pecan, Pistachio, Walnut, Peanut, Sesame</b>	130 g	Component	Per serve	Per 100g
				Energy kJ	1910	1470
	<b>INGREDIENTS:</b> Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Water, Sugar, Canola Oil, Banana (6%) (Acidity Regulators (300)), Chocolate Dark Budlets (5%) (Sugar, Cocoa Mass, Dextrose, <b>Milk</b> Fat, Cocoa Butter ( <b>Milk</b> ), Emulsifiers (322 ( <b>Soy</b> ), 476), Flavour), Dark Choc (5%) (Cocoa, <b>Milk</b> Solids, Emulsifiers (492, 322 <b>Soy</b> )), <b>Eggs</b> , Flavour (Stabiliser (412), Colours (102,110)), Raising Agent (500, 450, 170), Vinegar, Iodised Salt.			Protein g	6.2	4.8
				Fat, total g	10.1	13.9
				Fat, saturated g	5.7	4.3
				Carbohydrates g	66.8	51.4
				Sugars g	38.2	29.4
				Sodium mg	500	385


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Blueberry Muffin	Allergen Statement	Weight	Nutritional Information		
<i>A classic blueberry muffin, with a touch of apple to add texture and taste.</i>	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Almond, Cashew, Pecan, Pistachio, Walnut, Peanut, Sesame	130 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Water, Sugar, Canola Oil, Blueberries (7%), Diced Apple (Antioxidant (300), Firming Agent (509)), <b>Egg</b> , <b>Milk</b> Solids, Raising Agent (500, 450,170), Vinegar, Emulsifier ( <b>Soy</b> ), Iodised Salt, Flavour.		Energy kJ	1670	1280
			Protein g	6.3	4.9
			Fat, total g	13.2	10.1
			Fat, saturated g	1.9	1.43
			Carbohydrates g	63.0	48.5
			Sugars g	31.2	24.0
			Sodium mg	318	245


Chocolate Muffin	Allergen Statement	Weight	Nutritional Information		
<i>Rich chocolate muffin packed full of choc chips, finished with dark chocolate chunks.</i>	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Almond, Cashew, Pecan, Pistachio, Walnut, Peanut, Sesame	130 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Water, Sugar, Canola Oil, Dark Choc (11%) (Sugar, Vegetable Fat (Palm), Cocoa, <b>Milk</b> Solids, Emulsifiers (492, 322 <b>Soy</b> ), Natural Flavours), Banana Pulp (300, 330), Cocoa (3%), <b>Egg</b> , <b>Milk</b> Solids, Raising Agent (170, 450, 500), Vinegar, Iodised Salt, Flavour, Colour (153).		Energy kJ	1660	1510
			Protein g	6.9	5.3
			Fat, total g	18.9	14.5
			Fat, saturated g	5.9	4.6
			Carbohydrates g	66.9	51.5
			Sugars g	39.5	30.4
			Sodium mg	515	396

Toffee Nut Muffin	Allergen Statement	Weight	Nutritional Information		
<i>A deliciously sticky muffin filled with toffee butter scotch balls, walnuts and almonds.</i>	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Almond, Cashew, Pecan, Pistachio, Walnut, Peanut, Sesame	130 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Sugar, Water, Apple (Antioxidant (300), Firming Agent (509)), Hokey Pokey (7%) (Sugar, Glucose, Vegetable Oil (Palm, Emulsifier (492, 322 <b>Soy</b> ), Acidity Regulator (330)), Butter (Cream ( <b>Milk</b> ), Salt), Water, Gelatine, Salt (500)), Canola Oil, Walnuts (2%), Almonds (2%), <b>Milk</b> Solids (322 <b>Soy</b> ), <b>Egg</b> , Raising Agent (500, 450, 170), Vinegar, Natural English Toffee Flavour (0.4%) (150d), Iodised Salt, Emulsifier (475 <b>Soy</b> ), Maize Starch, Caramel Colour		Energy kJ	1857	1428
			Protein g	6.8	5.3
			Fat, total g	15.5	12.0
			Fat, saturated g	2.5	1.9
			Carbohydrates g	68.8	53.0
			Sugars g	40.8	31.4
			Sodium mg	384	295


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SLS Lemon & Raspberry Muffin		Allergen Statement	Weight	Nutritional Information		
<i>A moist lemon muffin, topped with a crumble and an injected with a raspberry surprise</i>		<b>Contains:</b> Wheat, Gluten, Egg, Milk, Soy <b>May Contain:</b> Almond, Cashew, Pecan, Pistachio, Walnut, Peanut, Sesame, Hazelnut, Macadamia, Pinenut	140 g	Component	Per serve	Per 100g
				Energy kJ	2000	1430
	INGREDIENTS:			Protein g	7.8	5.6
	Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Water, Sugar, Raspberry Filling (8%) (Raspberries, Sugar, Water, Thickener (1442), Acidity Regulator (330), Preservative (202), Antioxidant (300), Colour (124)), Canola Oil, Lemon Juice (4%), <b>Eggs</b> , Butter ( <b>Milk</b> ), Milk solids, Margarine (contains <b>soy</b> ), Raising Agent (170, 450, 500), Flavour, Wholegrain Oats, Emulsifier (475 <b>Soy</b> , Starch), Iodized Salt.			Fat, total g	18.4	13.1
				Fat, saturated g	4.6	3.3
				Carbohydrates g	69.9	49.9
				Sugars g	38.1	27.2
				Sodium mg	424	303


Passionfruit Muffin		Allergen Statement	Weight	Nutritional Information		
<i>A great looking, indulgent passionfruit muffin with a butter cream icing and an injected curd</i>		<b>Contains:</b> Wheat, Gluten, Egg, Milk, Soy <b>May Contain:</b> Almond, Brazil nut, Cashew, Hazelnut, Macadamia, Peanut, Pecan nut, Pine nut, Pistachio, Sesame, Walnut	160 g	Component	Per serve	Per 100g
				Energy kJ	1869	1168
	INGREDIENTS:			Protein g	5.7	3.6
	Sugar, Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Passionfruit Filling (22%) (Passionfruit, Glucose, Thickener (1442), Butter (Cream ( <b>Milk</b> ), Salt), <b>Egg</b> , Acidity Regulator (330), Salt, Flavour, Preservative (202), Colour (160a, 171)), Peaches (11%), Sugar Icing, Peach Juice (5%), Canola Oil, <b>Milk</b> Solids (322 <b>Soy</b> ), Raising Agent (500, 450, 170), Margarine (Vege Oil (Palm, <b>Soy</b> ), Iodised Salt, Emulsifier (475 <b>Soy</b> ), Wholegrain Oats, Flavour.			Fat, total g	16.2	10.1
				Fat, saturated g	5.1	3.2
				Carbohydrates g	68.5	42.8
				Sugars g	45.8	28.6
				Sodium mg	408	255

Cream Donut		Allergen Statement	Weight	Nutritional Information		
<i>Filled with raspberry jam &amp; fresh cream, this long style donut is coated in cinnamon sugar</i>		Contains: Wheat, Gluten, Milk, Soy	80 g	Component	Per serve	Per 100g
		May Contain: Almond, Cashew, Pecan, Pistachio, Walnut, Egg, Peanut, Sesame		Energy kJ	1080	1350
	INGREDIENTS:			Protein g	3.9	4.8
	Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Dairy Cream (30%) ( <b>Milk</b> ) (Thickener (401)), Water, Sugar, Raspberry Jam (1442, 440, 330, 331, 163, 202, 333), Canola Oil, Stabiliser (401, 450, 1422, Gelatine), Yeast, Iodised Salt, Improver ( <b>Soy</b> Flour, 481, 472e, 170, 300, 920), Cinnamon.			Fat, total g	12.8	15.9
				Fat, saturated g	6.6	8.3
				Carbohydrates g	31.5	39.4
				Sugars g	10.7	13.3
				Sodium mg	247	309

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Classic Cinnamon Scroll	Allergen Statement	Weight	Nutritional Information		
<i>A soft cinnamon roll with a sweet cream cheese icing, served warm and gooey.</i>	<b>Contains:</b> Wheat, Gluten, Egg, Milk, Soy <b>May Contain:</b> Almond, Cashew, Pecan, Pistachio, Walnut, Peanut, Sesame	110 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Sugar, Water, <b>Egg</b> , Cream Cheese (Cream ( <b>Milk</b> ), <b>Milk</b> Solids, Salt, Acidity Regulator (270), Emulsifiers (450, 452, 451, 339), Thickener (401), Natural Flavour), Butter (Cream ( <b>Milk</b> ), Salt), Margarine (322 <b>Soy</b> , 435, 475, 471, 476, 202, 330, 160a, 307b), Canola Oil, Brown Sugar, Emulsifiers, Iodised Salt, Cinnamon, Yeast, Improver ( <b>Soy</b> ), Flavour, Mixed Spices.		<b>Energy</b> kJ	1720	1560
			<b>Protein</b> g	6.4	5.8
			<b>Fat, total</b> g	15.4	14.0
			<b>Fat, saturated</b> g	7.0	6.4
			<b>Carbohydrates</b> g	61.1	55.5
			<b>Sugars</b> g	29.9	27.1
			<b>Sodium</b> mg	366	332


Brookie	Allergen Statement	Weight	Nutritional Information		
<i>Choc chip cookie-dough/brownie hybrid, is too delicious to put down!</i>	<b>Contains:</b> Wheat, Gluten, Egg, Milk, Soy <b>May Contain:</b> Almond, Cashew, Pecan, Pistachio, Walnut, Peanut, Sesame	80 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Dark Chocolate (Sugar, Vegetable Fat (Palm), Cocoa, <b>Milk</b> Solids, Emulsifiers (492, 322 <b>Soy</b> ), Natural Flavours), Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Condensed <b>Milk</b> ( <b>Milk</b> Solids, Sugar), Butter (Cream ( <b>Milk</b> ), Salt), Brown Sugar, Sugar, <b>Egg</b> , Flavour, Iodised Salt, Raising Agent (500, 450, 170).		<b>Energy</b> kJ	1570	1960
			<b>Protein</b> g	4.1	5.2
			<b>Fat, total</b> g	18.8	23.5
			<b>Fat, saturated</b> g	13.3	16.6
			<b>Carbohydrates</b> g	47.3	59.2
			<b>Sugars</b> g	36.8	46.1
			<b>Sodium</b> mg	154	193


Caramel Slice	Allergen Statement	Weight	Nutritional Information		
<i>A coconut &amp; chocolate base layered with sticky caramel &amp; a dark choc ganache.</i>	<b>Contains:</b> Wheat, Gluten, Milk, Soy <b>May Contain:</b> Almond, Cashew, Pecan, Pistachio, Walnut, Egg, Peanut, Sesame	100 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Caramel 20% (Condensed <b>Milk</b> ( <b>Milk</b> Solids, Sugar)), Sugar, Margarine (Vegetable Oil (Palm, <b>Soy</b> ), Water, Salt, Emulsifiers (322 <b>Soy</b> , 435, 475, 471, 476), Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Butter (Cream ( <b>Milk</b> ), Salt), Dark Chocolate (Sugar, Vegetable Fat (Palm), Emulsifiers (492, 322 <b>Soy</b> ), Cocoa Powder, <b>Milk</b> Solids, Salt, Natural Flavour), Coconut, Dairy Cream ( <b>Milk</b> , Thickener (401)), Cocoa, Raising Agent (500, 450, 170).		<b>Energy</b> kJ	2070	2070
			<b>Protein</b> g	5.3	5.3
			<b>Fat, total</b> g	28.3	28.3
			<b>Fat, saturated</b> g	18.5	18.5
			<b>Carbohydrates</b> g	53.8	53.8
			<b>Sugars</b> g	34.9	34.9
			<b>Sodium</b> mg	136	136



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Ginger Pistachio Slice		Allergen Statement	Weight	Nutritional Information		
		<b>Contains:</b> Wheat, Gluten, Pistachio, Milk, Soy <b>May Contain:</b> Almond, Cashew, Pecan, Walnut, Egg, Peanut, Sesame	80 g	Component	Per serve	Per 100g
				Energy kJ	1730	2160
				Protein g	2.5	3.1
				Fat, total g	19.3	24.2
				Fat, saturated g	12.2	15.3
				Carbohydrates g	57.3	71.6
				Sugars g	44.8	56.0
				Sodium mg	213	266


Vanilla Custard Slice		Allergen Statement	Weight	Nutritional Information		
		<b>Contains:</b> Wheat, Gluten, Milk, Soy <b>May Contain:</b> Almond, Cashew, Egg, Hazelnut, Macadamia, Pecan, Peanut, Pinenut, Walnut, Pistachio, Sesame	95 g	Component	Per serve	Per 100g
				Energy kJ	1103	1161
				Protein g	2.8	2.9
				Fat, total g	13.5	14.2
				Fat, saturated g	8.7	9.1
				Carbohydrates g	32.8	34.5
				Sugars g	17.3	18.2
				Sodium mg	228	240


Chocolate Custard Slice		Allergen Statement	Weight	Nutritional Information		
		<b>Contains:</b> Wheat, Gluten, Egg, Milk, Soy <b>May Contain:</b> Almond, Cashew, Pecan, Peanut, Walnut, Pistachio, Sesame	95 g	Component	Per serve	Per 100g
				Energy kJ	1403	1477
				Protein g	2.9	3.1
				Fat, total g	19.2	20.2
				Fat, saturated g	13.5	14.2
				Carbohydrates g	37.4	39.3
				Sugars g	18.2	19.2
				Sodium mg	303	319



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Apricot Citrus Slice	Allergen Statement	Weight	Nutritional Information		
<i>A soft and sweet base with a classic rich apricot and coconut topping</i>	Contains: Wheat, Gluten, Egg, Milk, Soy, Sulphites May Contain: Peanut	90 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Sugar, Margarine (Vegetable Oils, Water, Salt, Emulsifiers (471, 322 ( <b>Soy</b> )), Flavour, Antioxidant (307b), Acidity Regulator (330), Colour (160a)), <b>Wheat</b> Flour, Dried Apricot (14%) (Apricot, Rice Flour, Preservative (Sulphur Dioxide (Sulphites))), Sugar, <b>Eggs</b> , Condensed Milk ( <b>Milk</b> , Sugar), Desiccated Coconut, Lemon Juice Concentrate (1%), Raising Agent (450, 500), Acidity Regulator (Citric Acid).		Energy kJ	1650	1830
			Protein g	3.4	3.8
			Fat, total g	18.8	20.9
			Fat, saturated g	11.6	12.9
			Carbohydrates g	52.0	57.8
			Sugars g	35.3	39.2
			Sodium mg	223	248


Banoffee Slice	Allergen Statement	Weight	Nutritional Information		
<i>Shortbread base topped with caramel and banana cream with chocolate flaked icing.</i>	Contains: Milk, Egg, Soy May Contain: Almond, Walnut, Peanut	63 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Caramel (30%) (Condensed Milk ( <b>Milk</b> , Sugar), Butter (Cream ( <b>Milk</b> ), Salt), Golden Syrup, Salt), Sugar, Reconstituted <b>Egg</b> , Rice Flour, White Choc (6%) (Sugar, Vegetable Oil, <b>Milk</b> Solids, Emulsifier ( <b>Soy</b> Lecithin), Natural Flavour), Vegetable Oil (Water, Salt, Emulsifiers (471, <b>Soy</b> Lecithin), Antioxidant (307b), Food Acid (330)), Vegetable Oil, Starch (Potato, Tapioca), Butter (Cream ( <b>Milk</b> ), Salt), <b>Milk</b> Powder, Dark Choc Flake (0.9%) (Vegetable Oil, Sugar, Cocoa Powder, Natural Flavour, <b>Soy</b> Lecithin), Maltodextrin, Raising Agents (450, 500), Stabilisers (415, 412), Natural Colour (150a), Salt, Natural Flavours (Banana (0.02%)).		Energy kJ	1190	1890
			Protein g	2.2	3.5
			Fat, total g	14.5	23.1
			Fat, saturated g	7.3	11.5
			Carbohydrates g	36.1	57.3
			Sugars g	30	47.7
			Sodium mg	134	212


Brownie Sandwich	Allergen Statement	Weight	Nutritional Information		
<i>cookies n cream ice cream is sandwiched between 2 slices of rich chocolate brownie</i>	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Almond, Cashew, Macadamia, Peanut, Walnut	75 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Choc Fudge Brownie (65%), White Choc Compound, Dark Choc Compound (35%) (Sugar, Vegetable Oil, <b>Milk</b> Solids, Cocoa Powder, Emulsifier ( <b>Soy</b> Lecithin), Natural Flavour, Sugar, Butter ( <b>Cream</b> , <b>Milk</b> ) Salt, Cream 9% ( <b>Milk</b> ), <b>Eggs</b> , <b>Wheat</b> Flour, Glucose Syrup, Cocoa Powder, Flavour, Raising Agent (450,500), Preservative (202), White Choc Ganache Filling (35%).		Energy kJ	1430	1910
			Protein g	3.8	5
			Fat, total g	19.3	25.7
			Fat, saturated g	14.6	19.4
			Carbohydrates g	37.8	50.4
			Sugars g	31.5	42
			Sodium mg	102	136


Apple Rhubarb Tart	Allergen Statement	Weight	Nutritional Information		
<i>Buttery pastry with a rhubarb and Pink Lady apple filling, topped with a tasty crumble.</i>	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Almond, Cashew, Pecan, Peanut, Walnut, Pistachio, Sesame	145 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Apple (30%) (Antioxidant (300), Firming Agent (509)), <b>Wheat</b> Flour, Sugar, Rhubarb (13%), Margarine (Vegetable Oil (Palm, <b>Soybean</b> ), Water, Salt, Emulsifiers (322 <b>Soy</b> , 435, 475, 471, 476), Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Water, Butter (Cream ( <b>Milk</b> ), Salt), Fortified <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Vitamin (Folic Acid)), Maize Starch (1422), <b>Egg</b> .		Energy kJ	1110	1110
			Protein g	4.4	3.1
			Fat, total g	17.7	12.2
			Fat, saturated g	11.0	7.6
			Carbohydrates g	51.6	35.6
			Sugars g	27.0	18.6

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		Sodium mg	180	124
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Chunky Choc Chip Cookie	Allergen Statement	Weight	Nutritional Information		
<i>A freshly baked classic chocolate chip cookie with big chunks of chocolate</i>	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Cashew, Macadamia, Peanut	60 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Dark Choc Compound (32%) (Sugar, Vegetable Oil, Cocoa Powder, Emulsifier ( <b>Soy</b> Lecithin), Natural Flavour), <b>Wheat</b> Flour, Sugar, Butter (Cream ( <b>Milk</b> ), Salt), <b>Eggs</b> , Cocoa Powder, Raising Agent (Sodium Bicarbonate), Flavour.		Energy kJ	1160	2040
			Protein g	2.5	4.3
			Fat, total g	12.8	22.5
			Fat, saturated g	9.7	17.1
			Carbohydrates g	37.8	66.3
			Sugars g	25.6	44.9
			Sodium mg	67	117



Salted Caramel Cookie	Allergen Statement	Weight	Nutritional Information		
<i>An old-fashioned style cookie with an unmistakable salted caramel flavour</i>	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Cashew, Macadamia, Peanut	60 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Caramel Flavoured Chocolate Compound (26%) (Sugar, Vegetable Oil, <b>Milk</b> Powder, Emulsifier ( <b>Soy</b> Lecithin), Flavour, Colour (Tartrazine, Azorubine, Brilliant Blue Fcf)), <b>Wheat</b> Flour, Sugar, Butter (Cream, ( <b>Milk</b> ) Salt), <b>Egg</b> , Salt Flakes, Natural Flavours, Raising Agent (Baking Soda).		Energy kJ	1160	2040
			Protein g	3.0	5.3
			Fat, total g	14.0	24.5
			Fat, saturated g	10.3	18.1
			Carbohydrates g	35.2	61.7
			Sugars g	23.7	41.5
			Sodium mg	237	416


White Choc Macadamia	Allergen Statement	Weight	Nutritional Information		
<i>A freshly baked cookie filled with white chocolate and crunchy macadamia nuts</i>	Contains: Wheat, Gluten, Macadamia, Egg, Milk, Soy May Contain: Cashew	60 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> White Choc Compound (24%) (Sugar, Vegetable Oil, <b>Milk</b> Solids, Emulsifier ( <b>Soy</b> Lecithin), Natural Flavour), <b>Wheat</b> Flour, Sugar, Butter (Cream ( <b>Milk</b> ), Salt), <b>Eggs</b> , Macadamia Nuts (7%), Cocoa Powder, Raising Agent (Sodium Bicarbonate), Flavour.		Energy kJ	1210	2120
			Protein g	3.0	5.3
			Fat, total g	15.7	27.5
			Fat, saturated g	9.6	16.9
			Carbohydrates g	34.4	60.3
			Sugars g	22.3	39.2
			Sodium mg	75	131


Chocolate Éclair	Allergen Statement	Weight	Nutritional Information		
<i>Choux pastry filled with cream &amp; topped with chocolate sauce</i>	Contains: Wheat, Gluten, Egg, Milk, Soy May Contain: Almond, Brazil Nut, Cashew, Hazelnut, Pistachio, Peanut	85 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b>		Energy kJ	951	1120
			Protein g	4.1	4.8

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	Semi Skimmed Milk, Sugar, Milk Chocolate 9% [Sugar, Whole <b>Milk</b> Powder, Cocoa Butter, Cocoa Mass, Lactose, Emulsifier ( <b>Soya</b> Lecithin 322), Natural Vanilla Flavouring], Eggs, Vegetable Oils And Fats (Palm, Coconut, Rapeseed), <b>Wheat</b> Flour, Modified Starch, Water, Glucose Syrup, Chocolate 1% [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>Soya</b> Lecithin 322), Natural Vanilla Flavouring], Cream, <b>Milk</b> Proteins, Stabiliser (Carrageenan 407), Colour (Carotenes 160a), Natural Flavouring, Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids 471).	Fat, total g	11.1	13
		Fat, saturated g	6.5	7.6
		Carbohydrates g	28.1	33
		Sugars g	20.4	24
		Sodium mg	170	200


Pain au Chocolate		Allergen Statement	Advisory Statement	Weight	Nutritional Information		
		<b>Contains:</b> Wheat, Gluten, Milk, Soy <b>May Contain:</b> Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut, Egg, Peanut	<b>Contains</b> Milk or Milk substitutes made from Cereal/Nuts/Seeds	85 g	Component	Per serve	Per 100g
					Energy kJ	1290	1520
					Protein g	6.0	7.1
					Fat, total g	16.0	18.8
 <div>INGREDIENTS:</div> <b>Wheat</b> Flour, Butter ( <b>Milk</b> ) (19%), Water, Chocolate 12% (Sugar, Coca Mass, Coca Butter, Emulsifier (322 <b>Soy</b> )), Yeast, Sugar, Iodized Salt (Salt Potassium Iodate, <b>Wheat</b> Gluten, Skimmed <b>Milk</b> , Vegetable Oils (Rapeseed), Dextrose, <b>Milk</b> Proteins, Vegetable Proteins, Flour Treatment Agent (300), Enzymes.					Fat, saturated g	10.1	11.9
					Carbohydrates g	34.3	40.3
					Sugars g	10.6	12.5
					Sodium mg	319	375


Pain au Raisin		Allergen Statement	Weight	Nutritional Information					
<i>A swirl of rich sweet pastry laced with raisins and custard.</i>		<b>Contains:</b> Wheat, Gluten, Egg, Milk <b>May Contain:</b> Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut, Egg, Peanut, Sesame, Soy	110 g	Component	Per serve	Per 100g			
				Energy kJ	1340	1220			
				Protein g	6.1	5.5			
				Fat, total g	13.2	12			
	INGREDIENTS:			Fat, saturated g	8.6	7.8			
	Water, <b>Wheat</b> Flour, Butter 14%, Raisins 13%, Sugar, <b>Eggs</b> , Yeast, Modified Starch, Whole <b>Milk</b> Powder, Salt, <b>Wheat</b> Gluten, Powdered Whey, Stabilizers (Calcium Acetate, Tetrasodium Diphosphate, Disodium Phosphate), Skimmed <b>Milk</b> Powder, Carrot Extract, Turmeric Extract, Paprika Extract, Flour Treatment Agents (Alpha-Amylases, Hemicelluloses, Ascorbic Acid), Natural Flavouring.			Carbohydrates g	43.0	39			
				Sugars g	18.7	17			
				Sodium mg	300	280			


Apple Turnover		Allergen Statement	Weight	Nutritional Information		
<i>A Kiwi favourite with spiced apple encased in flaky pastry</i>		<b>Contains:</b> Wheat, Gluten, Egg <b>May Contain:</b> Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut, Sesame, Milk, Peanut, Soy	100 g	Component	Per serve	Per 100g
				Energy kJ	1190	1190
				Protein g	4.2	4.2
	INGREDIENTS:			Fat, total g	14	14
	<b>Wheat</b> Flour, Apple Puree 25%, Vegetable Fat 18% (Non-Hydrogenated Palm Oil, Water, Non Hydrogenated Coconut Oil, Non-Hydrogenated Rapeseed Oil, Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Acidity Regulator (Lactic Acid), Natural Flavouring), Water, Sugar, Glucose-Fructose Syrup, Modified Starch, <b>Eggs</b> , Salt, <b>Wheat Gluten</b> , Thickener (Pectin), Acid (Citric Acid), Acidity Regulator (Tricalcium Citrate), Flavouring, Antioxidant (Ascorbic Acid).			Fat, saturated g	7.1	7.1
				Carbohydrates g	34	34
				Sugars g	8.6	8.6
				Sodium mg	290	290


Raspberry Macaron		Allergen Statement	Weight	Nutritional Information		
<i>Locally made, raspberry flavoured Macaron, crisp outside, chewy inside, &amp; filled with butter cream</i>		Contains: Almond, Egg, Milk, Soy May Contain: Wheat, Gluten, Sesame	20 g	Component	Per serve	Per 100g
				Energy kJ	392	1960
	INGREDIENTS:			Protein g	1.3	6.3

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	Sugar, <b>Almond</b> , Water, Butter ( <b>Milk</b> ), White Chocolate (Sugar, Palm Oil, <b>Milk</b> Solids, Emulsifier (322 <b>Soy</b> )), Cream ( <b>Milk</b> ), Raspberry Powder 2%, <b>Egg</b> White Powder (Pasteurized), Activated <b>Egg</b> White Powder, Colour (124).	Fat, total g	4.4	22.2
		Fat, saturated g	1.9	9.7
		Carbohydrates g	12	60
		Sugars g	11.5	57.5
		Sodium mg	21	108


Salted Caramel Macaron	Allergen Statement	Weight	Nutritional Information		
<i>Locally made, salted caramel flavoured Macaron, crisp outside, chewy inside, &amp; filled with butter cream</i>	Contains: Almond, Egg, Milk, Soy May Contain: Wheat, Gluten, Sesame	20 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Caramel Filling 33% (Sugar, Glucose, Sweetened Condensed <b>Milk</b> , Butter ( <b>Milk</b> ), Vegetable Oil, Golden Syrup, Salt, Emulsifiers (491, 322 <b>Soy</b> ), Sugar, <b>Almond</b> , Water, Caramel Powder 2%, <b>Egg</b> White Powder (Pasteurized), Activated <b>Egg</b> White Powder, Salt 0.3%		Energy kJ	368	1840
			Protein g	1.2	5.9
			Fat, total g	3.1	15.4
			Fat, saturated g	0.9	4.5
			Carbohydrates g	13.6	68.2
			Sugars g	12.3	61.5
			Sodium mg	51	258

Lemon Macaron	Allergen Statement	Weight	Nutritional Information		
<i>Locally made, lemon flavoured Macaron, crisp outside, chewy inside, &amp; filled with butter cream</i>	Contains: Almond, Egg, Milk, Soy May Contain: Wheat, Gluten, Sesame	20 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Sugar, <b>Almond</b> , Water, Butter ( <b>Milk</b> ), White Chocolate (Sugar, Palm Oil, <b>Milk</b> Solids, Emulsifier (322 <b>Soy</b> )), Cream ( <b>Milk</b> ), Lemon Powder 1%, <b>Egg</b> White Powder (Pasteurized), Activated <b>Egg</b> White Powder, Colour (102).		Energy kJ	368	1960
			Protein g	1.3	6.5
			Fat, total g	4.4	22.2
			Fat, saturated g	2.0	10.0
			Carbohydrates g	11.8	59.2
			Sugars g	11.5	57.3
			Sodium mg	22	110

Easter Macaron	Allergen Statement	Weight	Nutritional Information		
<i>All the flavours of a hot cross bun captured in this uniquely flavoured macaron</i>	Contains: Almond, Egg, Milk, Soy May Contain: Wheat, Gluten, Sesame	20 g	Component	Per serve	Per 100g
	<b>INGREDIENTS:</b> Sugar, <b>Almond</b> , Water, Butter ( <b>Milk</b> ), White Chocolate (Sugar, Palm Oil, <b>Milk</b> Solids, Emulsifier (322 - <b>Soy</b> )), Cream ( <b>Milk</b> ), Mixed Peel (Orange Peel, Lemon Peel, Glucose Syrup), Sultanas, <b>Egg</b> White Powder (Pasteurized), Activated <b>Egg</b> White Powder, Mixed Spice (Cassia, Coriander, Ginger, Nutmeg, Clove), Colour (129, 127, 110, 102, 133, 132)		Energy kJ	402	2010
			Protein g	1.3	6.4
			Fat, total g	4.4	22.1
			Fat, saturated g	1.9	9.7
			Carbohydrates g	12.6	62.8
			Sugars g	12.1	60.6
			Sodium mg	21.6	108



Chocolate Croissant		Allergen Statement	Weight	Nutritional Information		
<i>A unique looking croissant with a chocolate exterior, filled with pastry layers, chocolate &amp; hazelnut</i>		Contains: Egg, Gluten, Hazelnut, Milk, Wheat May contain: Almond, Brazil Nut, Cashew, Macadamia, Peanut, Pecan Nut, Pine Nut, Sesame, Soy, Walnut	90 g	Component	Per serve	Per 100g
				Energy kJ	1684	1872
	INGREDIENTS:			Protein g	17.83	8.7
	Wheat flour, Butter, Water, Sugar, <b>Wheat Gluten</b> , Vegetable Oil (Sunflower), Pasteurized Liquid <b>Egg</b> , Fat Reduced Cocoa Powder 2.1%, Yeast, <b>Hazelnut</b> Paste, Vegetable Fat (Palm), Modified Starch, Salt, Skimmed <b>Milk</b> Powder, Emulsifier (E322), <b>Flour</b> Treatment Agent (E300), Thickener (E466), Antioxidants (E304, E306), <b>Wheat</b> Fibre, Acidity Regulator (E501), Natural flavouring.			Fat, total g	22.5	25
				Fat, saturated g	11.7	13
				Carbohydrates g	40.5	45
				Sugars g	11.4	16
				Sodium mg	292.5	325

Raspberry Croissant		Allergen Statement	Weight	Nutritional Information		
<i>A unique croissant with a pink exterior, filled with rolled layers of pastry and raspberry jam</i>		Contains: Egg, Gluten, Milk, Wheat May Contain: Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Peanut, Pecan Nut, Pine Nut, Sesame, Soy, Walnut	90 g	Component	Per serve	Per 100g
				Energy kJ	1421	1579
	INGREDIENTS:			Protein g	6.93	7.7
	Wheat Flour, Water, Butter, Sugar, Glucose Syrup, <b>Wheat Gluten</b> , Rapsberry 2,7%, Yeast, Pasteurised Liquid <b>Egg</b> , Salt, Concentrated Raspberry Juice 0,63%, Raspberry Puree 0,63%, Flour Treatment Agent (E300), Concentrate (Carrot, Blackcurrant), Hibiscus Concentrate, Thickener (E466), <b>Wheat</b> Fiber, Beet Concentrate, Natural Flavouring, Acid (E330), Acidity Regulators (E331, E341), Gelling Agents (E440, E401).			Fat, total g	15.3	17
				Fat, saturated g	9.9	11
				Carbohydrates g	41.4	46
				Sugars g	16.2	18
				Sodium mg	321.3	357