Make a Difference
Be a mentor

The situation
The energy industry is changing faster than ever. As global demand for energy continues to rise, the fuels mix is shifting toward lower-carbon sources. Meeting the world’s need for more energy requires a spirit of invention and purpose. But, just as the energy sector needs more innovators, the United States faces a chronic shortage of graduates with the right skills in science, technology, engineering and math (STEM). This is where mentorship comes in.

Why mentorship
Evidence shows that mentorship plays a significant role in retaining students in STEM studies and in addition to the external benefits, mentors also gain valuable experience in leadership and communication.

Make a difference
- Inspire students by sharing personal experiences, talking about their STEM career path and offer support and guidance
- Help bridge the STEM skills gap through motivating youth to pursue STEM pathways

Our goal is to engage BP staff to mentor and we have joined Million Women Mentors as a way to assist that process. Whether you need help finding a mentee or are already in a mentor relationship, MWM is a way for us to capture your commitment, as well as deliver valuable tools and content.
Please note: Our goal is to encourage mentorship. BP’s Million Women Mentors campaign does not replace any existing BP mentorship programs, nor does it discourage existing mentorship relationships. Whether you need help finding a mentee or are already in a mentor relationship, please make your pledge online and capture your commitment. Logging your mentorship hours will help BP track the collective impact the company is making.

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**Take the pledge and be counted**

**Get started!**

1. **Take the pledge**
   - Go to [BP’s MWM webpage](#) to learn more about BP’s commitment
   - Click on [Be a mentor](#) link
   - Register on BP’s dedicated registration page

2. **Find a mentee**
   - The Million Women Mentors website provides local organizations with mentor programs and needs that are currently seeking mentors.
   - Find an organization based on your interest and/or zip code
   - Contact the organization via email
   - Receive an email from the organization with next steps
   - You can also find a mentee on your own; an organization with which you are familiar or mentor someone you know personally

3. **Meet with your mentee**
   - Once you have partnered with a mentee, you’ll want to begin your mentoring journey
   - Download BP’s [mentor guide](#) to help you prepare for your mentorship experience

4. **Log your hours and be counted**
   - Log in to [BP’s MWM webpage](#) by clicking the Sign In button at the top-right of the page
   - Click the Be Counted! button at the top-right to log your hours

5. **Submit your time to the BP Foundation Matching program.**
   (This applies to BP employees only; contractors are not eligible to participate in matching)
   - If your mentorship commitment is through a non-profit organization or a school, your mentorship time is eligible for match by the BP Foundation Employee Matching Program.
   - For more information or to log your hours, visit the [BP Foundation Matching webpage](#)